SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 22 SHOPPERS DRUG MART

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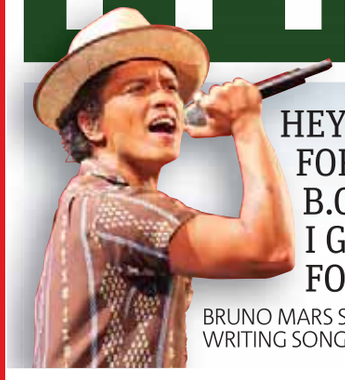


HEY CEE LO — FORGET YOU! B.O.B? SORRY, I GOT NOTHIN' FOR YOU

BRUNO MARS SAYS HE'S DONE WRITING SONGS FOR OTHERS PAGE 19

Two-bedroom for sale: Nice view, haunted

New website tracks what real estate agents call 'stigmatized' homes, where people have been killed or where grow-ops stood PAGE 4

Too icy? Real runners don't fold to the cold

Walking's for wusses; how about a brisk jog in the brisker temperatures? Here's how — and why on earth — to do it PAGE 8

Moment of truth for rising star Bouchard

Tennis phenomenon tries to become the first Canadian woman to reach a Grand Slam final in battle against Li Na HEAD TO METRONEWS.CA

NEWS WORTH SHARING.

Tories attack 'made-in-Ont.' pension plan

Taking matters into provincial hands. Feds call the idea disastrous, decry aid of Paul Martin

Premier Kathleen Wynne has recruited former Liberal prime minister Paul Martin to help with a "made-in-Ontario" pension plan, a clear signal the province will proceed with its own program.

But enlisting Martin — who was instrumental in saving an underfunded Canada Pension Plan a generation ago — immediately earned Wynne the enmity of Prime Minister Stephen Harper's Conservatives.

Federal junior finance minister Kevin Sorenson, whose government's refusal to enhance CPP has forced Ontario into considering a provincial plan, issued a blistering attack on Queen's Park.

"Premier Wynne will disadvantage Ontario's businesses with higher payroll taxes, killing jobs and deterring investment," Sorenson said in a statement Wednesday.

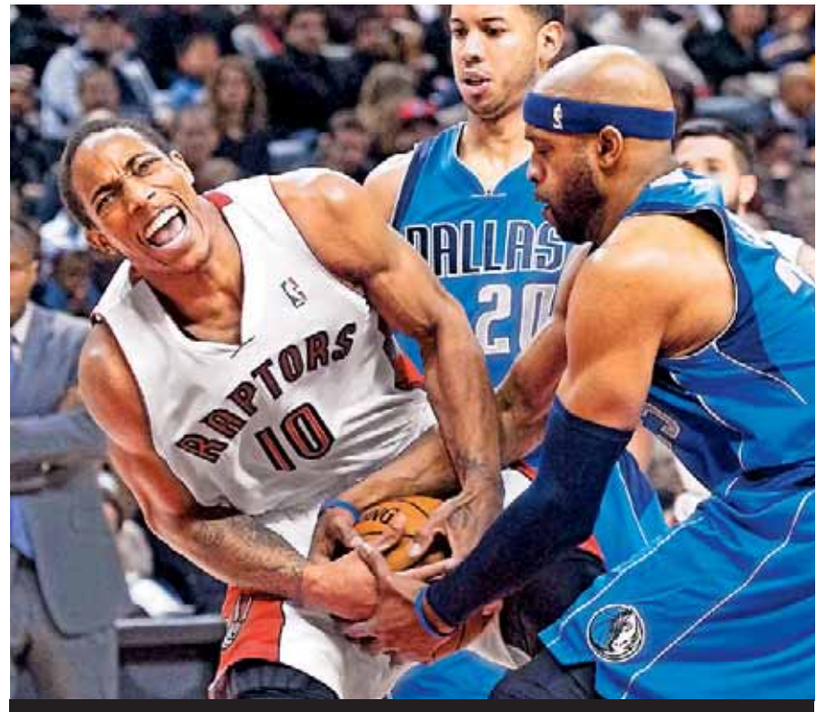
"Employees simply can't afford a smaller paycheque in this fragile global economy. The Liberal government of Paul Martin slashed transfers to Ontario at record levels, unlike our government that is increasing support to Ontario."

But Wynne emphasized an Ontario pension plan, which will be a cornerstone of her Liberal campaign platform in an expected spring election, is about ensuring people save enough money to "allow them to have a dignified retirement."

Defence

"To frame this as a taxation issue when it is an investment in the future ... misrepresents the issue." Premier Kathleen Wynne

"We are both profoundly disappointed by the reticence of the Harper government to improve the CPP, but … as the federal government steps back, it's our responsibility at the province to step forward," she said. TORSTAR NEWS SERVICE



HOMECOMING GOES SOUTH

Raptors forward DeMar DeRozan, who scored a career-high 40 points on Wednesday, gets the ball stripped from him by Dallas Mavericks forward Vince Carter at the ACC. Carter, who is near retirement, may have played his last game in Toronto, won by the Raptors 93-85. See story, page 31.

NATHAN DENETTE/THE CANADIAN PRESS

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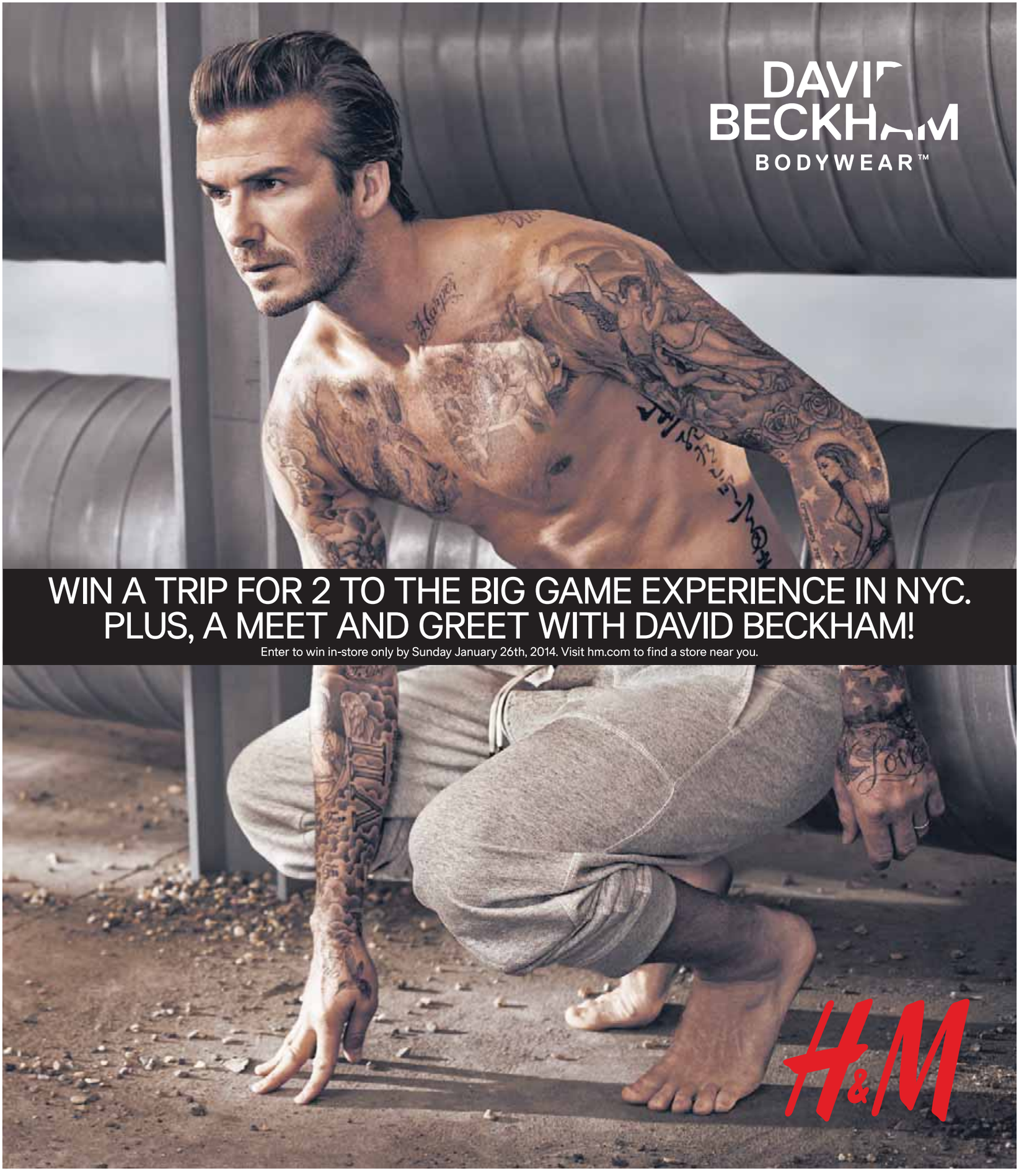
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York Region

Police shouldn't record detainees on toilets: Judge

A person detained by police has the right to use the toilet in privacy and not be videotaped by surveillance cameras, and York Regional Police should change their surveillance policies accordingly, an Ontario Superior Court Justice has ruled.

Justice Cary Boswell's decision involves the case of Stephanie Mok, who in 2012 was filmed using the toilet in her jail cell after being arrested by York police for drunk driving and held overnight. The footage included a clip of her walking across her cell with her pants around her ankles, because the toilet paper roll was not within reach.

TORSTAR NEWS SERVICE

Science

U of T whiz has malaria drug in the works

Using a molecular compound she stumbled upon in high school, a first-year University of Toronto student is developing a potential new drug for malaria, a parasitic disease that is growing increasingly resistant to available drugs.

If all goes according to plan, 18-year-old Jessie MacAlpine's drug will be cheap, effective and accessible to people in the developing world. It will also be made from mustard oil.

Jessie MacAlpine TORSTAR NEWS SERVICE

TORSTAR NEWS SERVICE

Fire destroys Yorkville building

A firefighter climbs a ladder as billowing smoke engulfs him during a massive three-alarm blaze that began around 8:30 a.m. at 84 Yorkville Ave. on Wednesday. Fire crews knocked down the blaze a short time later, but the fire had penetrated into the walls, making its way from the second floor and through the roof, destroying the building and forcing four businesses to close. About 60 firefighters battled the blaze, and police say a man who allegedly attacked firefighters on the scene was arrested.

RANDY RISLING/TORSTAR NEWS SERVICE

Tory will run for mayor: Confidant

Election. The former provincial Conservative leader finished a close second to David Miller in the 2003 race

After months of uncertainty, John Tory is preparing to jump into the race to become Toronto's next mayor.

The official launch of Tory's campaign is planned for late February at a huge kickoff event at a Toronto venue inspected last Saturday by senior Tory election advisers.

At the rally, Tory will unveil a campaign platform that features four key points: A call for more transit and an improved TTC; a youth employment strategy to combat growing joblessness among residents under 25; a renewed focus on city-wide economic development; and a restoration of decorum and cooperation at city hall after the turmoil seen under Mayor Rob Ford.

John Tory TORSTAR NEWS SERVICE

Also, Tory organizers are lining up a bipartisan crowd of business, political and community leaders who will publicly declare their support for the popular radio talk-show host.

"He will definitely run," declared a long-time Tory confidante and friend who has a major role in the campaign.

He made the statement on Monday, the day before a new video surfaced that caught Ford impaired, rambling and swearing at Toronto police Chief Bill Blair. Ford admitted he had been drinking when the video was shot on Monday night, less than three weeks after registering to seek re-election and after he had vowed not to drink again.

"Well, that (video) certainly sealed it" for Tory, the campaign strategist said late Tuesday, referring to the Ford video.

TORSTAR NEWS SERVICE

Rivals

- Olivia Chow is expected to announce her candidacy in late February as well, after completing her book tour promoting her new autobiography, considered the unofficial launch of her mayoral bid.
- Tory's entry in the race will spell trouble for Coun. Karen Stintz, a moderate conservative like him. She has attracted a surprising level of support from Conservatives and Liberals, albeit many of whom are "parking" their support for her while awaiting a decision by Tory.

When walls talk ...

Housecreep.com.
Online database shows properties 'stigmatized' by murder and grow-ops for potential renters and buyers

JESSICA SMITH CROSS
jessica.smithcross@metronews.ca

Toronto homes that have housed murder-suicides, infanticides, grow-ops and police shootings are now detailed and mapped on a website — Housecreep.com — for any prospective buyer or renter to find.

Brothers Albert and Robert Armieri began creating a database of "stigmatized" homes last year when each was searching for a new place to live; Albert a house in Ottawa and Robert an apartment in Toronto. They'd perused the bedbug registry, but wanted more information about the properties they were looking at.

"Stigmatized" is the real-estate term for properties that have a history that might be unappealing to a buyer — the site of a murder, a brothel, a gravesite, a drug operation, or, rarely, an alleged haunting.

On Housecreep.com, you can search an address or browse by category — murder, double murder, remains, honour killing, gang violence, crack — most linked to news reports verifying the information. The brothers have poured time into filling in information, but the site is not comprehensive. Toronto has the most entries so far — 380 stigmatized properties registered — and data on other cities is growing.

Users have begun adding information. They can add their own, unverified, "personal account" claiming information about a property, which can then be verified or disputed by other users. They can also list their past residences, with reviews.

"We spent months, months, researching properties, reading public news articles, and found properties where famous people had lived — movie stars or gangsters — or whether arson or a murder had occurred there," said Albert.

Neither brother has experience in real estate — Albert is a statistician and Robert a multimedia production expert — but they would like the real estate world to use the site, and contribute to it.

"Our dream would be to create a society of informed buyers, renters and realtors," said Albert.

"In my opinion, having just purchased a home, I would sincerely appreciate realtors disclosing any kind of information they may have about potential stigma attached to a home. It allows a buyer to do a cost-benefit analysis prior to making one of the biggest decisions of their lives."

Real estate lawyer Shari Elliott said she believes the issue of stigmatized properties has recently grown in the public consciousness and has become more of a problem for agents.

"I had multiple cases this summer where (real estate) agents said there'd been suicides in the house and they wanted to know what to do," she said. "My advice is always to disclose it."

Sellers have a legal obligation to disclose to buyers that there has been a grow-op in a house, if they are aware of it. Real estate agents have an obligation to disclose any "material fact" that might affect the sale of a house, but the definition of "material fact" is unclear, Elliott said.

"It's totally in flux," she said. "We're waiting for court decisions."

Elliott has other concerns. She said she was "appalled" that the site would allow potentially untrue comments from users that harm someone's ability to sell their house.

Albert Armieri said Housecreep.com is doing its best to make sure all of the information on the site is linked to news articles that are already online and verify what had occurred in the home. However, it does rely on the truthfulness of contributors for some entries.

Realtor Ali Ahmed represented the buyers of 934 Ossington Ave., who bought the home two years after a man was murdered there. They were aware of what had happened, but weren't "superstitious," he said.

Ahmed said he believes "superstitious" types will find all kinds of problems with houses, but other people, like his clients, won't care.

"In Toronto where you have 100- to 150-year-old homes, people do die in their homes," he said. "Some people commit suicide, some people die a natural death, some people just fall over and die."

The house at 934 Ossington Ave. was up for sale shortly after Allan Lanteigne was murdered in 2011. It is listed on Housecreep.com. TORSTAR NEWS SERVICE

Undated photo of Allan Lanteigne, 49, of Toronto, the city's 14th homicide victim of 2011.
COURTESY TORONTO POLICE

Quoted

"In Toronto where you have 100- to 150-year-old homes, people do die in their homes. Some people commit suicide, some people die a natural death, some people just fall over and die." Ali Ahmed, realtor

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Got community service

Census resister found guilty

Janet Churnin

Janet Churnin, a 79-year-old Toronto woman, taken to court over her refusal to fill out the mandatory census was found guilty of violating the Statistics Act Wednesday. THE CANADIAN PRESS

Ontario's Appeal Court

No more jail for man charged after posing with gun

Ontario's top court has ruled that a man whose case prompted a constitutional challenge to a mandatory minimum sentence for a gun crime should not be sent back to jail.

Leroy Smickle was in his cousin's house posing for a picture with a loaded handgun, when cops burst in with a search warrant for the cousin. THE CANADIAN PRESS

Cancer

Specialist shortage means no radiation for 5,700 patients

More than 5,700 Ontario cancer patients are not getting radiation treatment because of a shortage of radiation oncologists, according to an association representing the specialists. TORSTAR NEWS SERVICE

Dubbed 'Robin Hood'

Doc loses licence for six months

Toronto's so-called Robin Hood doctor has lost his licence to practise medicine for six months and must pay more than $60,000, among other disciplinary measures meted out by the province's College of Physicians and Surgeons.

Dr. Roland Wong was found guilty of professional misconduct in 2012 after exaggerating allergies of welfare-dependent patients so they could access special diet allowances. TORSTAR NEWS SERVICE

Ford a bit camera shy after latest star turn

Ford's notion.
Mayor thinks latest performance is a 'minor setback,' leaves press conference when asked if he's taken drugs lately

Mayor Rob Ford grabs a photographer's lens as he charges through a media scrum at city hall in Toronto on Wednesday. FRANK GUNN/THE CANADIAN PRESS

Mayor Rob Ford called the events of Monday night a "minor setback" and offered no apology in a Wednesday evening press conference.

"As you know, I'm a human being. The same as every one of you. And I'm entitled to a personal life. And my personal life does not interfere with the work I do day in and day out for the taxpayers of this great city," Ford said. "Monday was unfortunate. I had a minor setback. We all experience these difficult bumps in life," he said.

The mayor said he is continuing to work on his health, but made no promise future incidents would not occur.

He refused to take questions that weren't budget-related. When a reporter asked about whether he'd used drugs recently, the mayor left the podium.

Earlier, during the budget talks, a shoving match erupted outside of the executive committee meeting as the mayor's aides led Ford out through a narrow hallway. TORSTAR NEWS SERVICE

Still fighting the gravy train

As he left Toronto's budget briefing at executive committee, Mayor Rob Ford served notice he can't accept a proposed 3.21 per cent increase in residential property taxes, bumped up in part by the costs of Ford's subway project and extreme weather.

- The proposed increase comes to about $81 on the average home valued at $499,521, bringing the total taxes to about $2,610 (for municipal services, excluding education taxes that also appear on the bill). That's about $25 more than the increase of 2.17 per cent contemplated earlier.

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Get ready for cool runnings

Running in a winter wonderland. First step is the worst, says expert with ice in her veins

JACOB MORGAN
Metro in Saskatoon

With Canada having experienced a brutal cold snap from coast to coast at the outset of 2014, the rest of the country can learn a thing or two from the folks in the Prairies.

Lisette Schermann is the manager of the Brainsport store, a staple of Saskatoon's Broadway Avenue. She says that when the temperatures dip far below zero, there is no reason to sit inside and sulk.

Instead, try going for a brisk run on the tundra.

"The hardest part is getting out there," she said. "Once you're outside it's not nearly as bad as you think."

There are many common misconceptions when it comes to winter running, said Schermann. For instance, newbies tend to assume they're going to feel as cold as they do when walking from the front door to the car.

"People definitely overdress," she said. "They're judging it on experiences of walking or driving in the cold where you're not producing as much body heat."

However, she said that doesn't mean would-be winter runners don't need to "step up their game, gear-wise."

Some must-have items: sneakers with cleats for traction on the ice, reflective materials for visibility during those long winter nights and a balaclava to protect your face from the windchill.

Once that's done, it's time to hit the snow.

But make sure not to start off with heavy speed work, as Schermann said the frigid weather can extend average paces by 10 per cent.

"You only really have to be aware of that the first few runs and then you get your snow legs," she said.

And when the season is done, Schermann said many runners are ahead of the game.

Even if you're not looking for a challenge, Schermann said a nice jog can be a great cure for the winter blues.

"There aren't that many opportunities to get outside in the winter time, and running is a really easy one."

Truth or dare

Truth: In order to gain traction on the ice, you need shoes designed with proper grip and insulation.

- **Dare:** Try the DIY approach with screws in the soles and duct tape on the tips for extra heat.

Truth: When you first get started with winter running, your average pace could slow down by about 10 per cent.

- **Dare:** By the end of the season, try to beat the speed you have in the summer.

Truth: One of the best parts of winter running is getting outside to explore nature.

- **Dare:** Find the very best trails in your city and run them all before the last of the snow melts away.

Metro asked: What's your winter running pet peeve?

"Just the ice is sometimes trouble for me. ... They make grips for your shoes or people screw actual screws into their shoes."

Jillian Joan, 23, Brooks Running Company employee, Alberta

"Definitely the windchill. It's probably the worst thing. Everything else seems pretty good though."

Kristen Christensen, 30s, rec programmer, Saskatoon

"When winter runners unexpectedly run across an intersection ... as a driver on icy roads I don't have enough time to necessarily stop."

Dave Cazakoff, 28, student, Saskatoon

"When I don't have the right wind-breaking material and my legs get really cold. The front of my thighs burn from being so cold."

Crystal Clarke, 34, librarian, Saskatoon

"I run around near the residential areas and sometimes people don't shovel their walks so you'll be running into deep snow."

Benjamin Lam, 27, engineer, Saskatoon

"When people don't get out of your way, even when you call out. ... Running through a snow drift is not a whole lot of fun."

Becky Mang, 33, engineer, Regina

JACOB MORGAN/ METRO IN SASKATOON

Must-have gear

Hat

SUGOI Snowflake Tuke. Doesn't have to be too thick, as long as it covers the ears.

Balaclava

Saucony DryLete Balaclava. Features mesh over the mouth for breathability.

Gloves

SUGOI Wind Mitt. Warmer than gloves. For an extra layer, try wearing gloves underneath the mitts.

Base layer

Helly Hansen Warm. Merino wool to stay fresher smelling.

Mid layer

SUGOI Women's Speedster 3 Performance Hoodie. Features a ponytail hole in the hood.

Outer layer

SUGOI Jackie Thermal Jacket. Windproof panels over the sleeves and a fleecy breathable back. Lots of pockets.

Pants

Salomon Nova Softshell pant. Warmest pant at Brainsport.

Ankle

SUGOI Resistor Run Gaiter. Keeps snow out of shoes.

Sneaker

Saucony Ride running shoe. (Note: this model is using regular grip so as not to damage the grip on the winter shoes during a test run.)

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Police not allowed to see Magnotta research video

Montreal. University teachers' association applauds decision as the first court ruling to recognize researcher-participant privilege

A judge has prevented Montreal police from getting their hands on a confidential academic video interview with accused killer Luka Rocco Magnotta.

The Canadian Association of University Teachers welcomed the Quebec Superior Court decision, saying it upholds researchers' rights to protect confidential information needed for their academic work.

The association's executive director says in a statement the ruling represents the first court recognition of researcher-participant privilege.

Montreal police had sought to gain access to a copy of the interview for evidence they're still gathering against the 31-year-old Magnotta, who is charged with first-degree murder in the slaying and dismemberment of Chinese engineering student Jun Lin.

Luka Magnotta is shown in an artist's sketch. A judge has prevented police from obtaining a video interview with the accused killer.
MIKE MCLAUGHLIN/THE CANADIAN PRESS

Lawyers representing University of Ottawa criminologists had argued the 2007 interview with a subject known under the pseudonym "Jimmy" should be kept confidential.

The attorneys said Magnotta participated in the study as part of a survey of sex workers under the condition his interview would remain confidential.

"The impact of this decision is that researchers can now have confidence that courts will recognize and will treat seriously promises of confidentiality vital to the conduct of their research," James Turk, executive director of the Canadian Association of University Teachers, said in a statement Wednesday.

"Courts have recognized the social importance of journalists being able to protect confidential sources, and this decision extends a similar recognition to academic researchers."

THE CANADIAN PRESS

Israel gives PM Harper a very special tweet

Prime Minister Stephen Harper and his wife Laureen take a tour of the future site of the Stephen J. Harper Hula Valley Bird Sanctuary Visitor and Education Centre in Hula Valley, Israel, on Wednesday. While in the Middle East, Harper is visiting Israel, the West Bank and Jordan. SEAN KILPATRICK/THE CANADIAN PRESS

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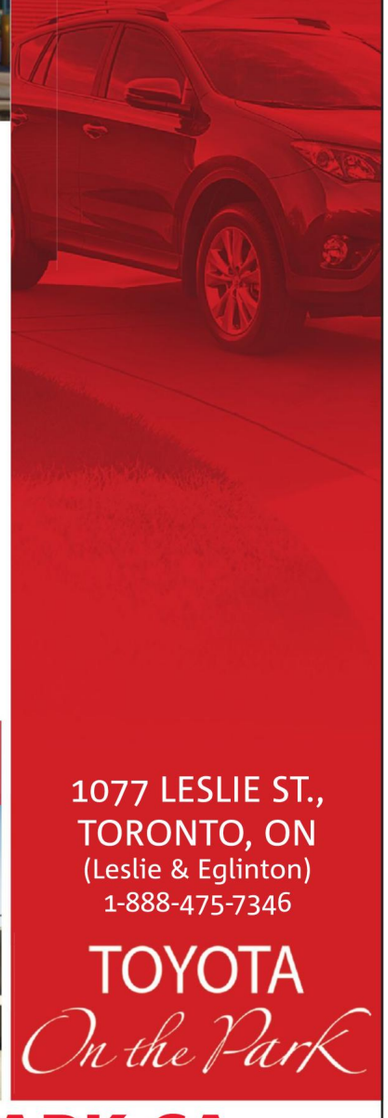

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Protests in Ukraine turn deadly

Kyiv. Political crisis intensifies as violent clashes between police and protesters result in fatalities

Protesters hurl gas bombs at riot police Wednesday. ANDREY SVITAILO/METRO WORLD NEWS

Unrest in Kyiv turned for the worse on Wednesday with news that two people died from gunshot wounds during clashes between police and protesters, the first fatalities since demonstrations over the government's rejection of a planned EU treaty began in November.

The day saw state police units dismantle a makeshift barricade on Europe Square and Hrushevskoho Street — the city's new hotspot for clashes, which runs along the cabinet office and parliament buildings. Protesters, who fashioned makeshift armour out of sleeping mats and pieces of wood strapped to their jackets, parried police grenades with Molotov cocktails.

"If we leave now, we will all land up in jail. We will take a stand," Bogdan, a young man guarding a barricade, told Metro. To maintain their position, the protesters ignited huge bonfires, the smoke from which, they claim, neutralizes the pepper gas launched by the police.

When news circulated earlier in the day of the first casualties in the civil unrest, the crowds in this area swelled to an estimated 2,000 by mid-morning. "Burn for our boys!" a voice was heard from the crowd as a gas bomb landed on top of a phalanx of riot police. Some of the bombs lobbed were five-litre pickle jars.

At one moment, an Orthodox priest walked out into the neutral zone between the protesters and police, pleading for calm. However, riot-control units, lined up like a shielded formation of Roman legionaries, advanced towards the protesters, waving their batons and firing rubber bullets. People finally began to flee to their camp at the nearby Maidan Square.

Hrushevskoho Street was emptied after 10 minutes. While the air cleared at Kyiv's freshest battleground, thick black smoke still shrouded city squares elsewhere.

METRO WORLD NEWS IN KYIV

Caught in the clash

Metro photographer injured by grenade

Photographer Andrey Svitailo; the shrapnel he was hit with. MWN

A Metro journalist was injured Wednesday in a stun grenade explosion on Kyiv's Europe Square amid clashes between anti-government protesters and police.

Andrey Svitailo, a staff photographer for the Metro Moscow newspaper, sustained leg injuries caused by shrapnel exploding from a stun grenade thrown by Berkut riot police at protesters.

"It was very sore and painful," Svitailo describes the moment after three pieces of shrapnel struck his calf and thigh. "My jeans ripped open and I was left with some bloody bruises. I literally had to take the shards of grenade out of my clothes.

"But thanks to my long johns, the fragments did not pierce my skin." Svitailo did not require hospitalization and is continuing to cover the protests. METRO WORLD NEWS

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hydro one

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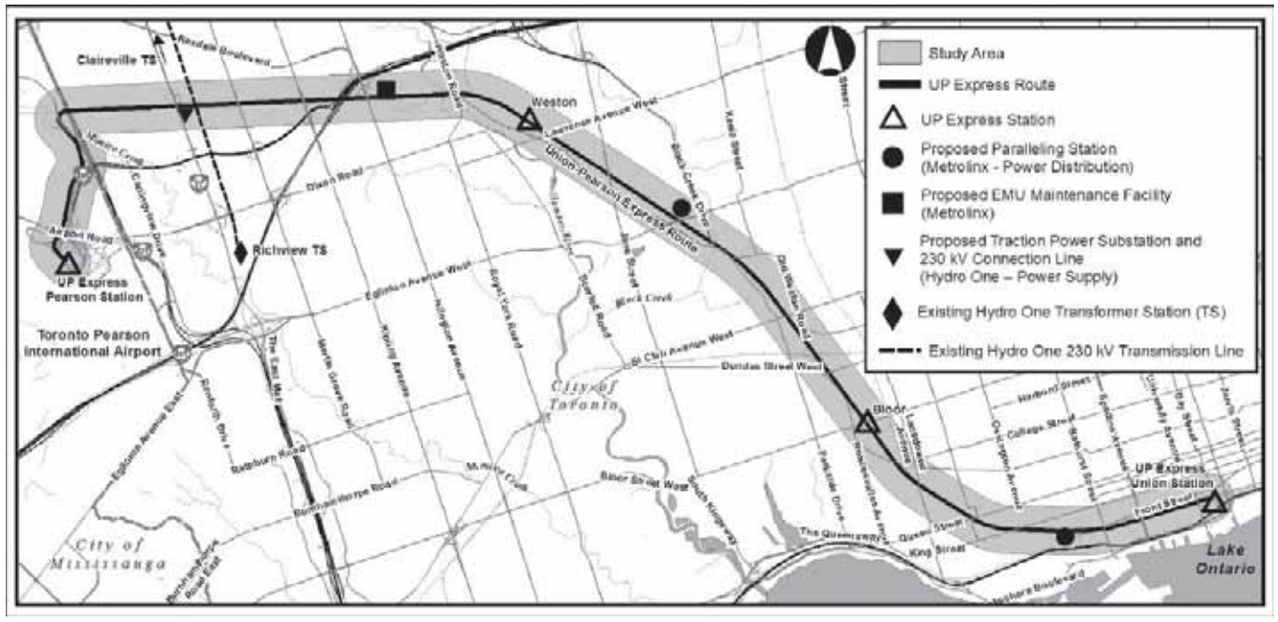
Electrification of Union Pearson (UP) Express is part of *The Big Move*, Metrolinx's regional transportation plan to dramatically improve how people move in the Greater Toronto and Hamilton Area.

Metrolinx and Hydro One Networks Inc. invite you to their joint Public Open Houses to learn more about the plans to electrify UP Express. At the Open House, interested members of the community can receive a project update and provide feedback on the preliminary design components, environmental effects and mitigation and next steps/timelines.

The UP Express route and proposed locations for electrification components are shown on the map below.


Study Area
UP Express Route
UP Express Station
Proposed Paralleling Station (Metrolinx - Power Distribution)
Proposed EMU Maintenance Facility (Metrolinx)
Proposed Traction Power Substation and 230 kV Connection Line (Hydro One – Power Supply)
Existing Hydro One Transformer Station (TS)
Existing Hydro One 230 kV Transmission Line
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The Open Houses will provide you with an opportunity to view displays and speak one-on-one with project staff. We look forward to seeing you there!

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Monday, February 3, 2014
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Time: 6:30 p.m. – 8:30 p.m.

Tuesday, February 4, 2014
York West Active Living Centre
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Time: 6:30 p.m. – 8:30 p.m.

Monday, February 10, 2014
Lithuanian House
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Time: 6:30 p.m. – 8:30 p.m.

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Market Minute

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Dow Jones: 16,373.34 (-41.10)

Fourth graders now

Just a sec, mom, I'm texting Emily our recess plans

A survey of more than 5,400 Canadian kids in Grades 4 through 11 found a majority had their own cellphone, while nearly one in four of the youngest children owned a mobile device.

THE CANADIAN PRESS

Actress Quvenzhané Wallis last year, at the age of nine. GETTY IMAGES

Warns of low inflation

Bank of Canada keeps interest rate steady at 1%

The Bank of Canada is lowering its forecast for inflation, which has been persistently below the desired target, but keeping its key interest rate unchanged at one per cent.

THE CANADIAN PRESS

Keystone XL pipeline's southern leg starts flowing

Like oil and water.

CEO says Oklahoma-to-Texas stretch is a 'win-win-win,' but activists worry those who live along route will lose

Canadian oilsands producers have a direct pipeline link between Alberta and the U.S. Gulf Coast with the official start-up Wednesday of the Keystone XL pipeline's southern leg.

The project's opposition, meanwhile, vowed to watch the new pipeline "like a hawk" as it continues to urge President Barack Obama to reject the larger, more contentious northern leg of the system.

"This morning we have made a major change in where the largest refining hub in the world gets its oil," said Alex Pourbaix, the executive in charge of oil pipelines at TransCanada Corp., the company that built the line. CEO Russ Girling described the $2.3-billion US project as a "win-win-win" for U.S. Gulf refiners, who'll get access to a cheaper, more secure source of crude; for North American crude producers, who'll get a better price for their landlocked oil, and for consumers, who may pay a cheaper price at the pump as expensive foreign imports are supplanted. THE CANADIAN PRESS

Criticism gushed up

Jane Kleeb, with the anti-pipeline advocacy group Bold Nebraska, said that Wednesday marked a "very sad day" for those worried about their land in Texas and Oklahoma. "We all know this pipeline is a huge risk to folks along the route ... Citizens are watching this pipeline like a hawk. They know that they are bracing for the worst today as this pipeline starts up."

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1900 Eglinton Ave. E
3300 McNicoll Ave.
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2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
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19 Milliken Blvd., Unit U
2490 Gerrard St. E
38 Ellesmere Rd.
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9200 Bathurst St., Unit 26
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282 Queen's Quay W
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275 College St.
604 Bloor St. W
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1461 Dundas St. W
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272 Danforth Ave.
471 Eglinton Ave. W
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Another jewel for the crown?

The 29.6-carat blue diamond recovered by Petra Diamonds from a mine near Pretoria, South Africa, is seen in this Jan. 18 photo. Petra said in a statement that the diamond — found in the Cullinan mine, which has yielded, among other famous stones, the 530-carat Star of Africa blue diamond that is part of the British crown jewels — is a vivid blue with extraordinary tone and clarity, and could yield a polished stone of great value.

PHILIP MOSTERT/PETRA DIAMONDS/THE ASSOCIATED PRESS

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PITFALLS OF AN ENTERTRAINER

HE SAYS

John Mazerolle
metronews.ca

I've had such a negative perception of gyms that as I was writing this column about my new gym membership I suddenly remembered that I'd already had a gym membership, about 10 years ago, and had banished it from my memory like Star Wars Episode I: The Phantom Menace, a movie that doesn't exist.

The memory is foggy but my brief time there (it was a YMCA) reminded me of high school, complete with stale-smelling change rooms, annoying cliques and crippling self-doubt heavier than any weight. Well, not any weight. Not those little pink ones. I have a little self-respect.

Lacking the requisite cardiovascular strength (i.e. I didn't have the heart), I didn't set a sneakered foot inside a gym until a decade later when, fresh out of comedy school, I took a gig at a fitness chain where my job was to entertain people while they did ab exercises. I was keen on my first post-school assignment, which is why I was blind to the fact that this is the worst idea in the history of entertainment — akin to entertaining air traffic controllers with a game of bingo.

At best, the exercisers tolerated me. At worst, they yelled at me to stop, which is part of the job, except you're not supposed to think, "That heckler is right!"

This did not improve my feeling toward the gym industry. I shunned them, preferring to exercise outside in the winter even if that meant temperatures so cold I risked ending up like Jack Nicholson at the end of The Shining.

But that all changed recently. I discovered a little gym in my neighbourhood that's just perfect for me. It's small so it doesn't attract many preeners, and it's open 24 hours so I can fiddle with the machinery alone. I may yet end up the first person ever killed by an elliptical, but at least my low-impact death will only be a CCTV YouTube sensation, not an in-person humiliation.

I've been hitting the gym for about three weeks now, and it gets easier every time as I pick up a few tricks about how to carry and motivate myself:

- It helps to put the Edmonton Oilers on TV during your workout. That way you see yourself working harder than an entire team of professional athletes.
- Wearing a towel over your shoulders and carrying a water bottle shows your fellow exercisers that you are the real deal, just like the people in the ads.
- Fake punching the air looks pretty cool.
- Most importantly, I've learned that gym-goers are a family. If I see an overweight person, I show support with a hearty "Hang in there! It gets better!" If I see an attractive person, I say "Yeeaahhh."

I fully recommend that you follow these tips. Sure, conversations might go a little awry with certain members, but that just reminds me of another important gym fact I learned in high school: Running away is excellent exercise.

ZOOM

AK-47s' cruel and cool culture

COURTESY RALPH ZIMAN

Project highlights duality of AK-47s

A filmmaker has shone light on Africa's controversial use of the AK-47, by photographing vibrant replicas of the assault rifle.

Ralph Ziman, from Johannesburg, took images of Zimbabwean street vendors brandishing copies of the infamous weapon that were made using traditional Shona-style beadwork. **METRO**

Q and A

'Beautiful yet venomous snake'

RALPH ZIMAN
South Africa-born filmmaker, based in Los Angeles

What inspired you to address gun culture?
The story behind this project — entitled Ghosts — began a year ago when I was back in my hometown of Johannesburg. I was reminded of the rate of gun violence connected to the AK-47 rifle that has gripped the entire continent of Africa and intrigued by the terror that firearms hold in African culture.

The AK-47 has killed millions, but at the same time has been pivotal in the struggle for independence — the gun appears on the Mozambique flag. Did you have the duality of the weapon in mind?
Without a doubt. These vibrantly-coloured guns in my images highlight the alluring nature of the rifle. It's like a beautiful yet venomous snake. In South Africa, this weapon was once an instrument against the apartheid regime.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

ISTOCK IMAGES

A picture says a thousand words, or so the saying goes, and apps like Snapchat and Instagram seem to be proving the saying true. But just because you've got that beach pic of your toes in the sand, doesn't mean no one wants to read the rest of your vacation story (actually, if they're suffering through this polar vortex, they might not want to). Inspired by newspapers' forays into long-form visual story-telling, we've compiled apps that let you do just the same.

Storehouse:
User-friendly with a simple design, Storehouse lets you import photos and videos from your computer, Dropbox, Flickr or Instagram to add seamlessly to your narrative.

Prss:
Create your own online magazine using your own videos, photos with an easy-to-use template — so you don't have to be an InDesign wizard to get your work looking sharp.

Storybird:
Billed as more of an educational tool, this app lets you create a storybook based on other people's illustrations and animations. It's geared toward kids 13+, but really, can't we all benefit from a little creative non-fiction?

Comments

RE: Watching The NHL Has Become The Same As Witnessing A Bar Brawl, says Paul Sullivan, published Jan. 22

If you don't like fighting in hockey there are plenty of other things to watch on TV!! If anything the NHL is getting a little wimpy these days. The true fans like the state of the game and the constant whining that the game is too violent is annoying and will change nothing. **mbacks posted to metronews.ca**

Is there any surprise that Canadian athletics is considered a joke worldwide? Why hockey fans continuously equate toughness with fighting is beyond me. There are tougher athletes competing in rugby and Aussie Rules footie that put these guys to shame. **aferdinanda posted to metronews.ca**

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

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‘I knew I was in the company of someone pretty special’

Exhibit. Photographer describes Bob Marley as a man who had wisdom, something he probably wouldn’t say about some of the presidents he’s snapped

BACKSTAGE PASS
Ian Gormely
scene@metronews.ca

At first glance, David Burnett is an unlikely choice to photograph Bob Marley.

An award-winning photographer, by the mid-1970s Burnett had already shot four U.S. presidents and captured some of the Vietnam War’s defining images. But in 1976, at the age of 30, he and writer David DeVoss travelled to Jamaica to chronicle the then-new sound emanating from the Caribbean Island.

“Everywhere we’d go, the last thing that they’d say to us was ‘When are you seeing Bob?’” he recalls. “It was as if we had to do that to complete the package.”

This was the heyday of magazine journalism. There was a demand for high quality photography with budgets to match. “You were under a lot of pressure, but it gave you a chance to go places and do things that it would be hard to get the funding to do now.”

DeVoss conducted the interview in the musician’s Kingston home while Burnett snapped away. A self-described photographer “who puts most of his concentration into the viewfinder,” Burnett usually let his subjects’ words float by him. “I can think of a lot of presidential press conferences where that’s happened,” he quips. Yet he was immediately struck by Marley’s thoughtful answers to DeVoss’s questions.

“He’s talking about politics and about justice and the music. I’m thinking to myself, ‘I know this guy’s only a year older than me but this guy has wisdom,’ he says, likening Marley to only Desmond Tutu and former U.S. Defence Secretary Robert Gates from the many people he’s photographed.

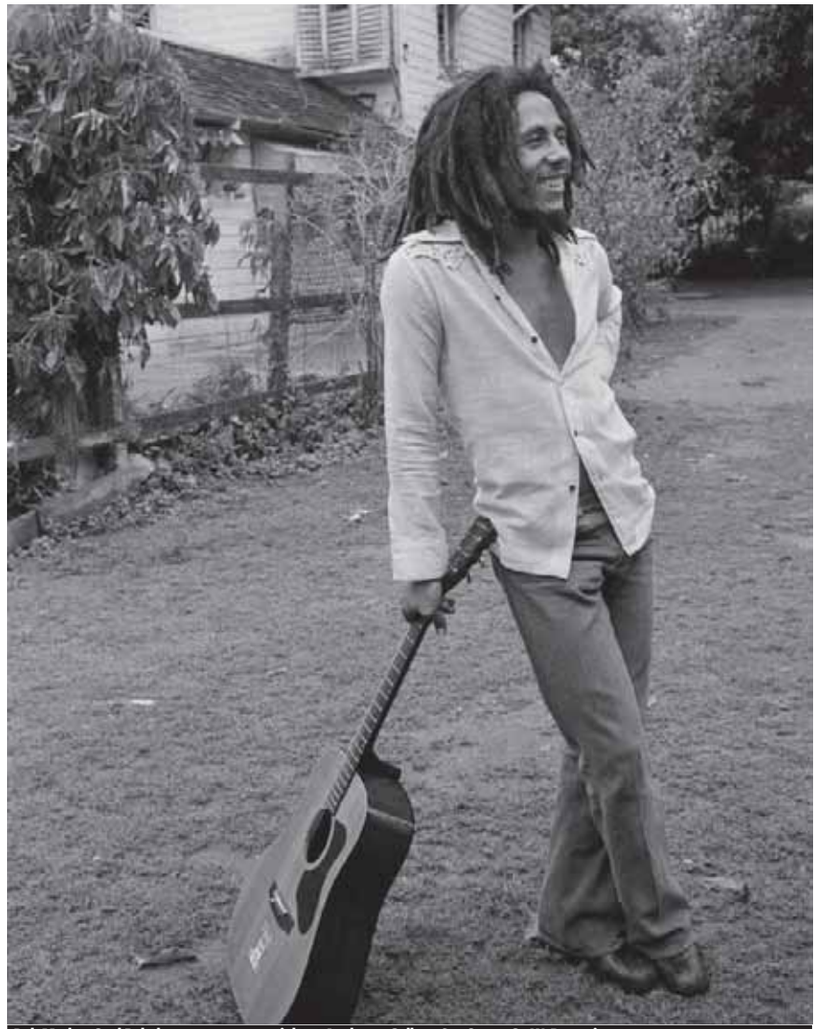
Only two of the photos were published, the rest languishing in Burnett’s archive as he went on to photograph the Iranian Revolution, among many other events.

The pictures finally saw the light of day, along with images captured from the European leg of the 1977 Exodus tour, as Soul Rebel: An Intimate Portrait of Bob Marley in 2009 on the advice of a friend.

Selections from the book are on display at a new exhibition at Analogue Gallery. Burnett will attend the exhibit’s opening tomorrow night.

Despite all the world-changing events he’s been a part of, Burnett still vividly recalls his brief time with the reggae legend.

“I know how to take a picture, but wisdom, that’s not something I think I have,” he says. “I knew I was in the company of someone who was pretty special.”



Bob Marley: Soul Rebel opens tomorrow night at Analogue Gallery, 673 Queen St. W. Reception starts at 5 p.m.
COURTESY DAVID BURNETT

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Paging David Cameron: Make more Sherlock!

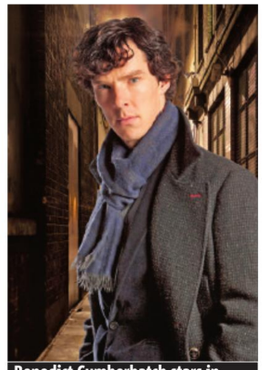
Lobby of love. Chinese fans appealed to British PM to ask creators of show for more episodes

The makers of TV's Sherlock say even a lobbying effort by British Prime Minister David Cameron wouldn't persuade them to produce more episodes each season.

But Sherlock co-creator Steven Moffat and producer Sue Vertue tweaked Cameron anyway for lack of effort. It's been more than a month, they noted, since he visited China and was asked by fans there to press for more of the popular mystery series.

He praised the drama and told Chinese viewers who submitted the request to him online that he would try. But Cameron has yet to contact them, Vertue said this week.

A droll Moffat added: "David Cameron, calling you on that,



Benedict Cumberbatch stars in Sherlock. CONTRIBUTED

mate. ... All of China, they're waiting."

The British-produced modern take on Sir Arthur Conan Doyle's fictional detective has been a worldwide hit. It made its third season U.S. debut last Sunday on PBS, with husband-and-wife team Moffat and Vertue and star Benedict Cumberbatch on hand to promote it.

Fans have to make do with just a handful of episodes — three this season — as the show's in-demand makers and cast, including Martin Freeman and newcomer (and Freeman's real-life partner) Amanda Abbington, see to other projects. That includes the Doctor Who series for Moffat, The Hobbit franchise for Freeman and a string of films for Cumberbatch.

"No, it's a waste of time, sorry, China," Moffat replied when asked if Sherlock might be expanded to more episodes. The nine that have aired since 2010 are the equivalent of cranking out nine movies, he and Vertue said.

But why apologize to the Chinese and not devotees elsewhere?

"Well, China were the ones who went to the top and asked," Moffat said.

He and Cumberbatch, who said he appreciated the fervour of fans, agreed they are committed to keeping Sherlock going indefinitely.

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Mr. Mars. Having gained recognition, Bruno will no longer write others' songs

Wish Bruno Mars would write you a hit song? Keep dreaming. The singer-songwriter-producer, who has penned hits like Cee Lo Green's Forget You and B.o.B's Nothin' on You, says he's not interested in churning out tracks for other artists like he's done in the past.

"There's a piece of me that's no longer there — which was basically let me write a song and then sell it," Mars said in a recent interview. "That was back in the day when I was struggling and hustling to pay rent. I was selling songs for 250 bucks ... but now that I'm OK, I shouldn't treat it like a sport."

The 28-year-old, who is one-third of the production trio The Smeezingtons, has produced for Alicia Keys, Justin Bieber, Lil Wayne and Flo Rida. Mars said he now wants to collaborate organically with others — much like on his latest album, Unorthodox Jukebox, which is nominated for four honours at Sunday's Grammy Awards in Los Angeles. His sophomore effort, released in late 2012, features

Bruno Mars no longer looks at songwriting as a 'sport.' INVISION/AP

Mark Ronson, Jeff Bhasker, Diplo and Paul Epworth. The album's lead single and No. 1 hit, Locked Out of Heaven, is nominated for song and record of the year.

He said the upbeat jam took "months and months" to create. "People didn't see us going at each other's throats in the studio and pulling out our hair for a song like Locked Out of Heaven," he said. "Trying to get these drums right and figure out a bass line. ... It being recognized in these monster categories is an extreme honour."

The crooner's other No. 1 hit, When I Was Your Man, is nominated for best pop solo performance, while his near-double platinum album is up for best pop vocal album.

This year marks Mars' fourth nomination for record of the year; this is his third for song of the year. He won his first and only Grammy for best male pop vocal performance with Just the Way You Are in 2011. THE ASSOCIATED PRESS

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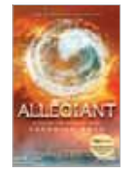
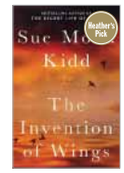


1. ALLEGIANT: INDIGO EXCLUSIVE EDITION
Veronica Roth
The faction-based society that Tris Prior once believed in is shattered – fractured by violence and power struggles and scarred by loss and betrayal. So when offered a chance to explore the world past the limits she's known, Tris is ready.
Last Week: 1 / Weeks on List: 3



2. THE INVENTION OF WINGS Sue Monk Kidd
A magnificent novel about two unforgettable American women. Sue Monk Kidd presents a masterpiece of hope, daring, the quest for freedom, and the desire to have a voice in the world.
Last Week: 2 / Weeks on List: 3

This Week		Last Week	Weeks on List
3.	THE POWER OF HABIT Charles Duhigg	7	3
4.	LIFE AFTER LIFE Kate Atkinson	3	3
5.	THE DEAD IN THEIR VAULTED ARCHES Alan Bradley	18	2
6.	THE POUND A DAY DIET Rocco Dispirito	8	3
7.	COLD HARD TRUTH ON FAMILY KIDS & MONEY Kevin O'Leary	9	3
8.	SYCAMORE ROW John Grisham	6	14
9.	THE START HERE DIET Tosca Reno	15	3
10.	STOP OVERTHINKING YOUR MONEY Preet Banerjee	11	3
11.	JOYOUS HEALTH Joy McCarthy	17	2
12.	ALL IN Arlene Dickinson	12	3
★ 13.	DUTY Robert Gates	~	1
14.	THE DEMONOLOGIST Andrew Pyper	19	2
15.	DARK WOLF Christine Feehan	5	3
16.	FIRST LOVE James Patterson	20	2
17.	TEARDROP Lauren Kate	16	3
18.	HAZARDOUS DUTY W.E.B. Griffin	14	3
★ 19.	THE CONFIDENT MOM Joyce Meyer	~	1
★ 20.	MY JOURNEY Olivia Chow	~	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending January 27th
★ New this week

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Drake may have five nominations but he's been frozen out of big categories

The Grammys. Toronto rapper was not considered for best record, song or album

As strange as it is say that one of the top nominees at the Grammys is also one of its most prominent snubs, a case could be made for Drake.

Sure, the Toronto rapper has five nominations at this Sunday's gala — trailing leader Jay Z as well as Justin Timberlake, Kendrick Lamar, Pharrell Williams and Macklemore & Ryan Lewis — but once again, the 27-year-old star was left out of the show's three marquee categories: record, song and album of the year.

This, despite the fact that his nuanced, forward-thinking Nothing Was the Same was the year's seventh-bestselling album in the U.S. after moving 1.34 million copies, according to Nielsen SoundScan. The album was hailed by critics too, receiving high placement on lists of the best albums of the year by Billboard, Rolling Stone and Entertainment Weekly. His singles were just as broadly acclaimed — either the hypnotic origin tale Started From the Bottom or power-puff stunner Hold On, We're Going Home placed on the year-end Top 10 lists by Billboard, Rolling Stone, Time Magazine and Pitchfork.

He's thus now been nominated for his own music 15 times but only once outside of the rap categories, when he ceded best new artist to Esperanza Spalding in 2011. (He has one win, for best rap album at last year's bash). If his spotty record at the awards soiree bothers the perennially melancholic songwriter, he didn't let on during a recent interview in Toronto.

"To be recognized in any capacity for the music that we make is great, (but) I don't think the Grammys make or break any artist," he said. "I don't think anybody should live or die by the Grammys — that's my opinion. I think it's a great organization and obviously (has a) deep-rooted history in music, but at the same time, if I go home with no Grammys I still feel great about what we did.

"I think anybody should feel that way." Well, perhaps it helps that the slate of nominations for the 56th Grammy Awards was in many ways the most surprising in recent years — and it's left pundits unsure of what to expect. This was, apparently, to be a Grammys show dominated by Justin Timberlake, whose sleekly high-end (if exhaustingly overlong) The 20/20 Experience reigned as the year's highest-selling album and was preceded by a ubiquitous marketing campaign that included a coronation at last year's Grammy show.

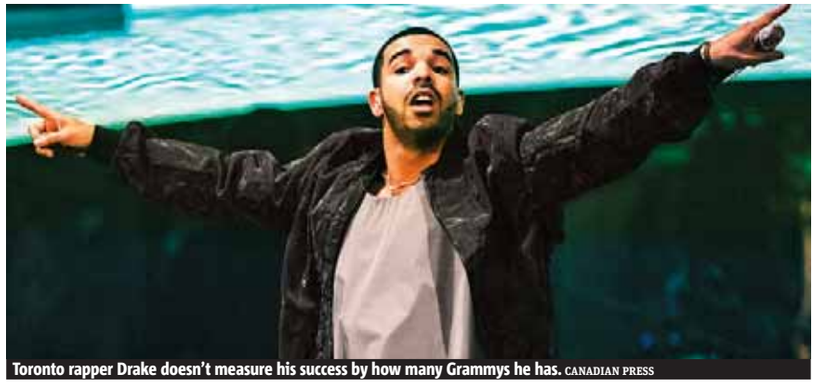
But despite his seven nominations, Timberlake was, like Drake, completely left out of the Grammys' trio of major categories. For album of the year, Lamar's masterful street-level opus will compete with Daft Punk's visionary Random Access Memories, Sara Bareilles's The Blessed Unrest, Macklemore & Ryan Lewis's poppy The Heist and Taylor Swift's Red.

It's hard to pin down a favourite.

The other marquee categories are seen as just as difficult to call. Robin Thicke — who has Canadian citizenship by virtue of his father, actor Alan — landed a record of the year nomination for his sleazy smash Blurred Lines. It's a category that also features Daft Punk's undeniable Get Lucky, Imagine Dragons' Radioactive, Lorde's Royals and Bruno Mars' Locked Out of Heaven.

The Lorde and Mars tunes are also up for song of the year — the distinction between the two confusingly named categories is that the "record" award is based on performance while "song" is given for songwriting — along with Pink's Just Give Me a Reason, Macklemore & Ryan Lewis's Same Love and Katy Perry's Roar.

THE CANADIAN PRESS



Toronto rapper Drake doesn't measure his success by how many Grammys he has. CANADIAN PRESS

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The leading ladies make Jason Reitman the man

Labor Day. Director says he owes his success to the talent of the actresses in his films

NED EHRBAR
Metro World News in Hollywood

Jason Reitman directs Labor Day, which opens next Friday. THE CANADIAN PRESS

For his fifth feature film, director Jason Reitman takes on Joyce Maynard's novel Labor Day, about an escaped convict (Josh Brolin) who takes a single mother (Kate Winslet) hostage over a holiday long weekend. To hear Reitman tell it, any success he's had as a director is all down to his leading ladies.

How did you approach adapting the novel into a film?
The narrative follows the book so carefully. I was trying to recreate how the book made me feel. The book is told so beautifully; it's so emotional and I had such an immediate reaction to it that I wanted to create a cinematic experience that mirrored the book. I wanted to tell a story all the way to the end and leave people with a sense of romance. You can't always punch people in the ribs. Not every time.

When did you first read the book?
I read it while it was in galleys, a few years ago. And my producer, Helen Estabrook, found it and gave it to me and said, "You're going to love this," and she was right. My question was, "Is Kate Winslet available?" We got Josh, went to Kate and she said, "I'd love to do it, but I'll do it in a year." So we waited a year for her. That's how Young Adult came to be — I made it in that year.

You're developing quite a track record of working with actresses.
Frankly, I've just been very lucky, you know? To have worked with Maria Bello, Ellen Page, Vera Farmiga, Anna Kendrick, Charlize Theron and now Kate Winslet? I mean, it's an unreal group. I'm lucky that they've chosen to work with me. It's wonderful. I mean, it makes me look better than I am. That's the truth. In their hands, it makes me look like a decent director.

You could try to go out and make a movie ...
With the worst actors possible? I would think given the option of working with brilliant people? Yeah, I'll continue to do that. I find that I know when they're right when it just seems honest and real. When I'm watching an audition, whether it's for a lead or the tiniest part, do they make the words seem honest? It's not if it's funny, it's not if it's dramatic, it's not if it's moving. It's just, does my bulls-detector go off?

Was that how it was with your young star, Gattlin Griffith?
We looked at a lot of young men, and he came in and it was just instantaneous. It's those eyes. The whole movie is his point of view looking at the world — watching this man, watching his mother, trying to figure out what they're doing, trying to figure out his own sexuality. He could do everything without talking, and that's what I needed.

And you cast a remarkably accurate look-alike for young Josh Brolin for the flashbacks.
Tom Lipinski looks exactly like Josh Brolin. My girlfriend at the time said, "When he heard you were casting this movie he must have shot in his pants," (laughs). Use that in your paper.

Devil's Knot. Colin Firth drawn to film by vision of Canadian director Egoyan

Colin Firth stars in Devil's Knot, which opens Friday in Toronto. CONTRIBUTED

Colin Firth admits he knew nothing about the West Memphis Three when he first encountered Devil's Knot, a dramatic take on the mysterious slayings of three Arkansas boys in 1993 and the controversial conviction of three teens in their deaths.

But he says he was immediately fascinated by the "diabolical" misconduct of justice involved, and was tantalized by the unusual vision of Canadian director Atom Egoyan.

The Oscar-winning British actor says this is not a story that easily fits Hollywood's storytelling mould, and that's what made Egoyan especially suited to putting the infamous tale on the big screen.

Questions linger to this day about what really happened, and Firth notes that Egoyan wasn't afraid to leave those loose ends dangling in the movie.

"He finds things that other people might not notice and if this is a case that can't be solved easily then that's what's interesting — let's be honest about that, let's not try and manufacture resolutions which aren't really there, let's see what our relationship is with the insoluble, with frustration," Firth said during a stop at the Toronto International Film Festival back in September.

"He's, I think, a real master of tone and of the mood of an experience. (This is) a story which has so many threads and so many strands, and it's not one single arc and there isn't a single protagonist. To me, he's integrated the film through that pervading mood. It's the way he lights things, and the way he uses music, and the way he creates connections and in ways that aren't conventional."

THE CANADIAN PRESS

Quoted

"He's, I think, a real master of tone and of the mood of an experience."
Colin Firth on filmmaker Atom Egoyan

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OUR TAKE ON THE WORLD OF CELEBRITIES

Quentin Tarantino ALL IM AGES GETTY

Tarantino will probably get stern with Dern after leak

Quentin Tarantino is calling off plans to make a western, The Hateful Eight, as his next film after the first draft of the script was leaked around Hollywood, he tells Deadline. "I'm very, very depressed. I finished a script, a first draft, and I didn't mean to shoot it until next winter, a year from now," he explains. "I gave it to six people, and apparently it's gotten out." Among the half dozen who received the script were actors Michael Madsen, Tim Roth and current Oscar nominee Bruce Dern, and Tarantino is apparently pretty sure it was Dern's representatives who are responsible for the leak. Tarantino says the leak became apparent when his own agent's office was inundated with calls from reps trying to book their clients in smaller roles in the script. Tarantino now plans to publish the screenplay instead and move on to another project.

Harry hits the sauce after achieving South Pole goal

Prince Harry celebrated reaching the South Pole in true style, going on a "two-day bender" and drinking champagne out of a prosthetic limb, actor and trek-mate Dominic West tells the Telegraph. "Two of the Aussie guys stripped naked and ran around the pole, but most of us, Harry included, just went on a two-day bender with the Icelandic truck drivers who had brought some lethal home brew with them," West says, adding that Harry "told some eye-wateringly rude jokes."

Prince Harry

The Word

Lawrence wasn't first choice for Silver Linings Playbook

MELINDA TAUB
Metro World News

In Silver Linings Playbook, Jennifer Lawrence played a woman who'd gotten married, been widowed, gone crazy with grief and slept her way out of at least one job. Believe it or not, the first choice to play that role was not a 21-year-old.

Harvey Weinstein recently revealed that a different pixie-cut thespian was originally slated for the role: Anne Hathaway was his original choice to play Tiffany. "Silver Linings Playbook was originally going to be with Anne Hathaway and Mark Wahlberg," the studio exec told Howard Stern. "And then Anne wasn't doing it. And she's marvellous and wonderful and she was my choice, I love her."

So why wasn't Anne up there yelling and twitching and dancing poorly? Apparently she and director David O. Russell didn't hit it off. "David and Anne had some creative differences," Weinstein said. "They didn't see eye-to-eye." That's no shocker — David O. Russell is famously difficult to work with. He's gotten into shoving matches with both George Clooney and Lily Tomlin. Hathaway doesn't seem like she'd be very accepting of shoving. And since both she and Lawrence won Oscars that year, she's probably cool with how things worked out. Of course, Jennifer won Best Actress, while Anne nabbed a mere Best Supporting Actress statuette for Les Miserables. Yeah, she might be grinding her teeth at night about this one.

Katy Perry

Praise the Lord! Perry's body is the real deal

Katy Perry admits she had some help in developing her impressive figure, but it wasn't from a surgeon. The voluptuous singer tells GQ that when she was 11 years old, "I lay on my back one night and looked down at my feet and I prayed to God. I said, 'God, will you please let me have boobs so big that I can't see my feet when I'm lying down?'" Perry says. "God answered my prayers. I had no clue they would fall into my armpits eventually." She also insists her lack of artificial augmentation lends her more credibility. "I've never had any plastic surgery. Not a nose, not a chin, not a cheek, not a tit," she says. "So my messages of self-empowerment are truly coming from an au natural product."

Efron 'couldn't be happier' with life after rehab stint

Zac Efron

After Zac Efron's rehab stint last spring for a reported drug problem, he's is excited to be moving on and growing from the experience. "I'm so happy. I feel like I'm in a great place and I'm glad that I'm really here to share this moment with everybody and be present for all of it," Efron said at a press conference on Tuesday for his new film, That Awkward Moment, in New York City. The 26-year-old actor said of his "interesting year" that he "learned so many things.

"The best part of it was being able to reflect upon that experience and realize how much I have learned about myself and the kind of man I want to be." While promoting the film, about three young guys navigating the dating world in New York City, Efron added that he "couldn't be happier."

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I'd like to thank Her for upholding hipster style...

What the tuck.
Sequins, slips and suits made this year's silver screen sparkle. But Her, with all its hipster hues and high-waistedness, will make likely make the most lasting mark on fashion

Joaquin's character in Her might be lacking in some social skills, but perhaps he can find fulfilment in his ability to choose interesting ensembles. CONTRIBUTED

Oscar-nominated Her didn't earn a nod for best costume design, but fashion observers say the retro-futuristic looks featured in the film take the trophy for trendsetting style.

American clothing label Opening Ceremony created a collection inspired by styles designed by Casey Storm for the inventive drama, which is set in near-future Los Angeles. Her chronicles the relationship between Theodore Twombly (Joaquin Phoenix) and his operating system (voiced by Scarlett Johansson), with the film's lovelorn protagonist regularly seen sporting buttoned-up collared shirts paired with ultra high-waisted pants.

"I think you tend to think of everyone putting their life out on display in the world that we live in now, and the fashions were really the opposite to that," said Noreen Flanagan, editor-in-chief of Elle Canada.

"It was very much about kind of concealing yourself which I thought, again, was a kind of interesting twist to what we're increasingly becoming more familiar with in terms of how we relate to one another in the digital world."

What a waist

"It's not going to be for everyone and, my God, you really have to have flat abs to wear pants like that. That is not a flattering silhouette on most people."
Noreen Flanagan
Editor-in-chief of Elle Canada

Probably of all the films, Flanagan said Her has the greatest likelihood of "getting a little bit of street cred."

"It's not going to be for everyone and, my God, you really have to have flat abs to wear pants like that. That is not a flattering silhouette on most people. It requires a certain young, youthful, in-shape physique to wear it. I can see for a certain hipster set it becoming quite cool."

Toronto-based costume and set designer Sarah Armstrong also sees the potential for Her to emerge as a trendsetter.

"(Theodore's) kind of got a look, a unique esthetic, that's not unlike what we see today. It's very, very comfortable. And I think, too, because he's a younger character, that may also lend itself to a trend that might come up."

While Armstrong said she didn't think there was anything "blindingly new" about the designs for Her, she viewed them as an interpretation of the hipster trend being embraced by the 20-something generation.

"They're pulling from steampunk, they're pulling from Victorian elements, from the '60s, they're pulling from a whole bunch of different eras and blending them all together."

On the opposite end of the style spectrum was costume design nominee American Hustle with its depiction of flashy '70s fashions. The film is awash in plunging necklines, brightly lacquered nails and bouffant do's as well as bell-bottoms and mile-wide ties with lapels to match.

Jennifer Lawrence's outfits in American Hustle are unforgettable, but did they distract from her performance? CONTRIBUTED

"We've had films in the past that have gone back to the '70s, but they really play down the hair, they really play down the wardrobe, the clothing," said Armstrong. "With American Hustle, it really is all about the excess of the '70s, and the characters are extreme."

Flanagan said while she found the clothes in Hustle to be "fun, fabulous and entertaining," she said she almost found them to be "too much."

"In terms of digging up those V-neck Halstons and Diane von Furstenberg dresses and vintage Dior aviators and Gucci accessories, full marks for going on a fashion treasure hunt and finding real gems from that period. But it needed some editing," she said. "It needed the director to say: 'Wait a minute. We don't want the fashions to overshadow the story and the characters.'"

THE CANADIAN PRESS

And the nominees are...

A handful of period pieces will be contending for the Oscar costume crown on March 2.

- The nominees are Catherine Martin (The Great Gatsby); Patricia Norris (12 Years a Slave); William Chang Suk Ping (The Grandmaster); Michael O'Connor (The Invisible Woman); and Michael Wilkinson (American Hustle).

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Hitting the slopes of Park City #Utah because woman cannot live by film alone!! #sundance #heaven

Canadian street style

Spotted in: Toronto

Name: Ailyn

Age: 19

Occupation: Film student

What she's wearing: Blundstone boots, thrift store denim jeans, winter cape from the ROM's boutique, lace shirt from Club Monaco and maroon Fjallraven Kanken backpack.

Her inspiration:
"Normally I go vintage, stuff you'd find in your grandma's closet. I'm a kid stuck in the '90s. This outfit however is my winter hipster look."

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Trends Report

2013 was the year of the selfie, so is there even anything left to 'selfie-fy' for 2104? Go online to Trends Report to see what a belfie and a felfie is — you may realize, selfie ideas may be never-ending.

- **Online.** Follow Irene on Twitter at @MetroIreneK or Instagram: kuanirene; metronews.ca/voices/trends-report
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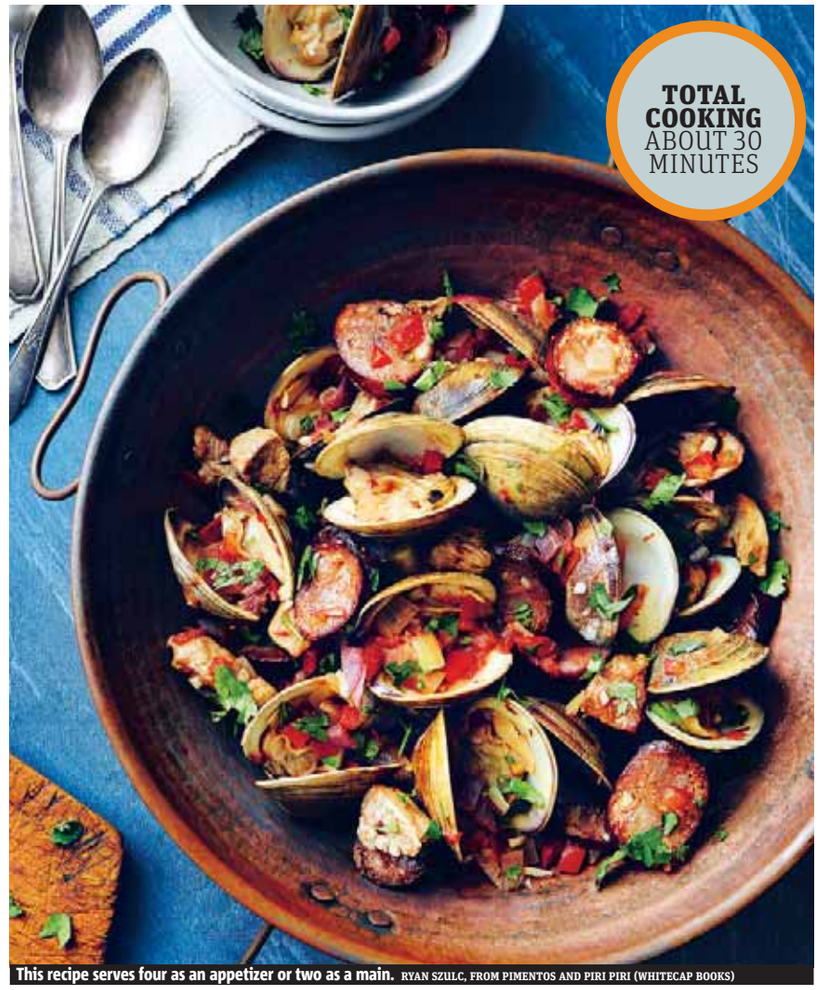

This recipe serves four as an appetizer or two as a main. RYAN SZULC, FROM PIMENTOS AND PIRI PIRI (WHITECAP BOOKS)

Cookbook of the Week

Adapting tradition

Because the farm workers and other labourers of Portugal needed food to be hearty and filling, it has come to be known as "peasant food". Whatever you call it, one thing is for sure: the dishes of this European country are comfort food at its finest.

Pimentos and Piri Piri by Carla Azevedo takes traditional recipes and updates them for the North American kitchen with local ingredients and modern kitchen equipment. **METRO**

"A cataplana, a hinged clam-shaped cooking vessel, is so popular in the Algarve beach resorts that dozens of dishes have been named after it," writes Carla Azevedo in her book Pimentos and Piri Piri of this Clams in Cataplana with Pork, White Wine, and Coriander dish. "If you do not have a cataplana, use a wok or a large pot with a tight-fitting lid and carefully cover the lid with a kitchen towel; do not uncover the pot while cooking."

Ingredients

- 2 lb (1 kg) Manila clams
- 1/4 cup (60 ml) olive oil
- 4 oz (120 g) pork tenderloin, cubed
- 1 onion, chopped
- 3 cloves garlic, minced
- 1 1/2 cups (375 ml) peeled, seeded, and chopped tomatoes
- 1/2 red bell pepper, seeded, cored, and diced
- 4 oz (120 g) chouriço, sliced into 1/2-inch (1 cm) pieces
- 1 bay leaf
- 1/2 tsp (2 ml) fine salt
- 1/4 tsp (1 ml) coarsely ground black pepper
- 1/2 tsp (2 ml) dried oregano
- 1/4 tsp (1 ml) piri-piri sauce or Tabasco sauce
- 1/2 cup (125 ml) dry white wine
- 1/4 cup (60 ml) chopped fresh coriander
- 2 slices prosciutto, chopped

1. Using a stiff brush, scrub the clams under cold running water to remove any surface sand and grit. Discard any clams that are not tightly closed. Set aside.

2. In a large heavy saucepan or Dutch oven, heat the oil over medium heat; cook the pork for 2 to 3 minutes, until browned, and transfer to a dish; reserve. Add the onion and garlic and cook, stirring occasionally, for 3 to 5 minutes, until softened. Add the tomatoes, red pepper, chouriço, bay leaf, salt, pepper, oregano, and piri-piri sauce; simmer for 7 to 10 minutes, until slightly thickened.

3. Transfer half of the tomato mixture to bottom of cataplana. Arrange the clams overtop and cover with the remaining tomato mixture. Tightly secure the cataplana lid and simmer over medium-high heat for 5 minutes. Flip the cataplana over and unlatch it; add the reserved pork and the wine and sprinkle with the coriander and prosciutto. Tightly secure the cataplana lid and cook until the shells open and the pork juices run clear when pierced with fork, 5 to 8 minutes (check for doneness after 5 minutes of cooking and continue cooking if meat is still pink). Discard any clams that have not opened. **EXCERPTED FROM PIMENTOS AND PIRI PIRI (WHITECAP BOOKS) BY CARLA AZEVEDO.**

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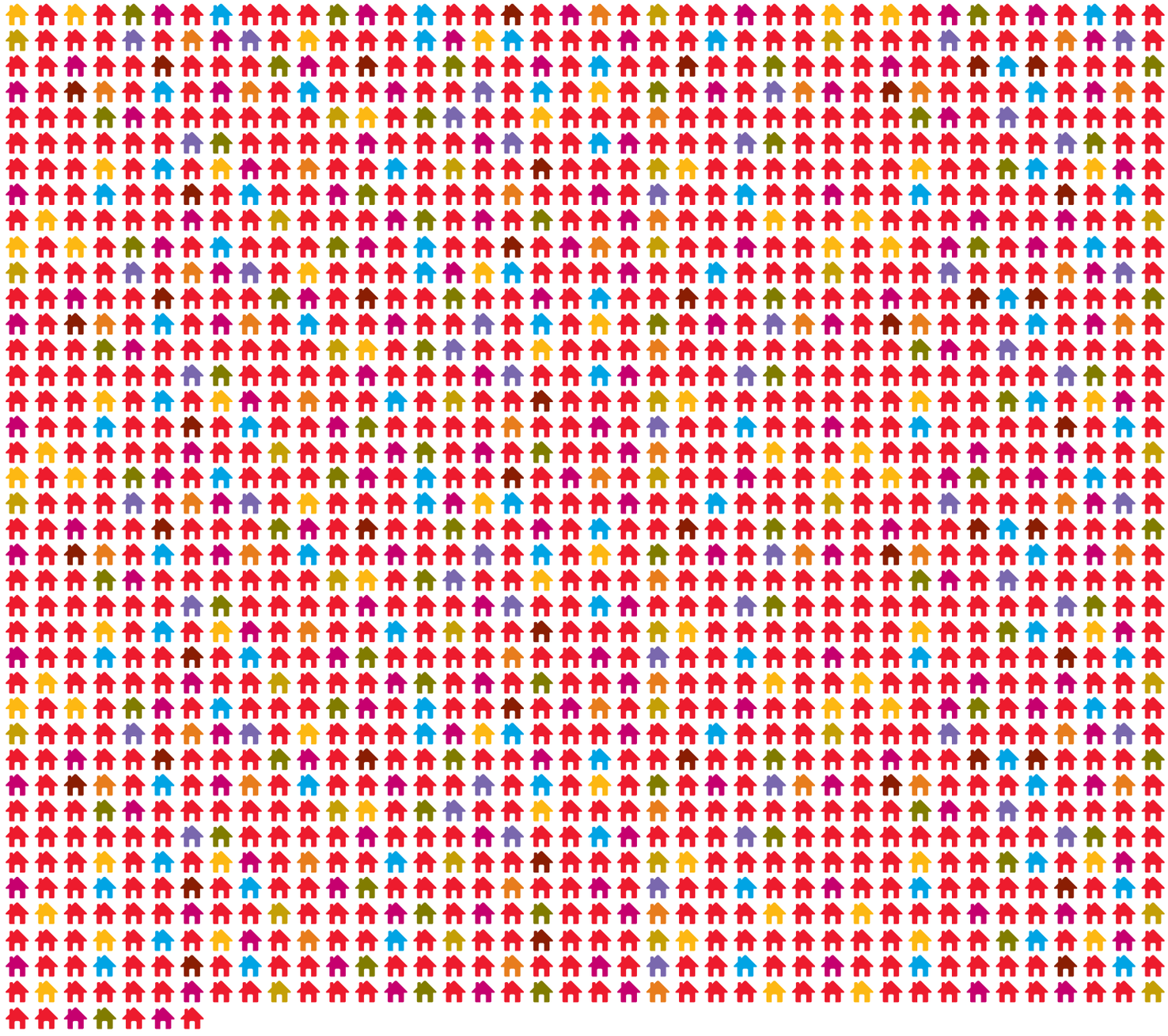

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Micro condos make every square inch count for downtown-aholics

High-density living. Smart House is one of the first micro-condo projects in the city, offering urban living for the budget-conscious

CONDO TRENDS
Duncan McAllister
life@metronews.ca

An artist's rendering of Smart House. CONTRIBUTED

As the price of downtown land skyrockets, micro condos provide a viable alternative to pricey high-rise living. While not for everyone, the micro condo suits the budget-conscious, consummate downtown-aholic.

It's a neat way to maintain a pied-à-terre while controlling your costs. The micro condo trend is not a new idea; it gained popularity with urban architects during the '60s and '70s in high-density cities.

Some say the tiny condos are impractical, that they're not suitable for couples and out of the question for families. But micro condos are the norm in places like Tokyo, New York, Paris and Hong Kong.

Micro condos are suitable for a younger, career-oriented person or couple who wants to own, works long hours and just needs a place to crash in town. Or for the weekend commuter who lives in the burbs, it's a great way to maintain a room in the city. Even as an investment, these units can be rented to out-of-town business travellers.

Smart House, a new development by Malibu Investments and Urban Capital, is one of the first such projects in Toronto, located on the edge of the financial district at Queen Street and University Avenue.

What makes it work is intelligent design. Everything from storage to appliances is cleverly thought out with economy of space in mind.

Think of living on a sailboat: every square inch of space counts. The interiors include space-saving features such as an extra-deep counter space with fully-retractable countertop. A combo kitchen island and dining table also serves multiple functions.

"We wanted to make this space very efficient," says Malibu president Rony Hirsch. "The first thing we thought about was how to improve the kitchen because the bathroom and kitchen, they're taking up valuable living space. The kitchen has to be very functional."

Appliances include an integrated refrigerator, two-burner stovetop, a combination convection oven-microwave and a tall dishwasher built into a drawer. Closets optimize their function with shelving all the way to the ceiling, with built-in drawers and efficient hanging areas.

The 300-square-foot suite is outfitted with European Clei furniture complete with a modern-day fold-out Murphy bed.

Scheduled for completion in 2017, the 25-storey project will have a total of 241 units. Not all the suites are as small as 300 square feet. In fact, some are more than 700 square feet, says Hirsch.

An artist's rendering of the Smart House tower. CONTRIBUTED

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Legal matters

When setbacks actually mean a setback

I purchased an old house that I decided I would demolish and build a new and bigger home on the lot. I've submitted my plans to the city to obtain a permit for demolition and building of a new structure. I received a letter back saying that my proposed setbacks do not comply with the city's minimum distance from the lot lines. What should I do now?

LEGAL MATTERS
Jeffrey Cowan
home@metronews.ca

Each municipality has minimum distances that you must leave from the lot line to the structure being built on the property. Typically, a front lot setback should be 25 feet while side lot setbacks are five feet. These, of course, are just estimates and you should check with the municipality in which you are building to make sure your plans adhere to the guidelines.

In your case, you may want to go beyond the minimum setback in order to get a larger home. In order to do this, you will have to apply to the committee of adjustments to obtain a minor variance. Usually this means you have to advertise your application so that your neighbours are aware of the variance application.

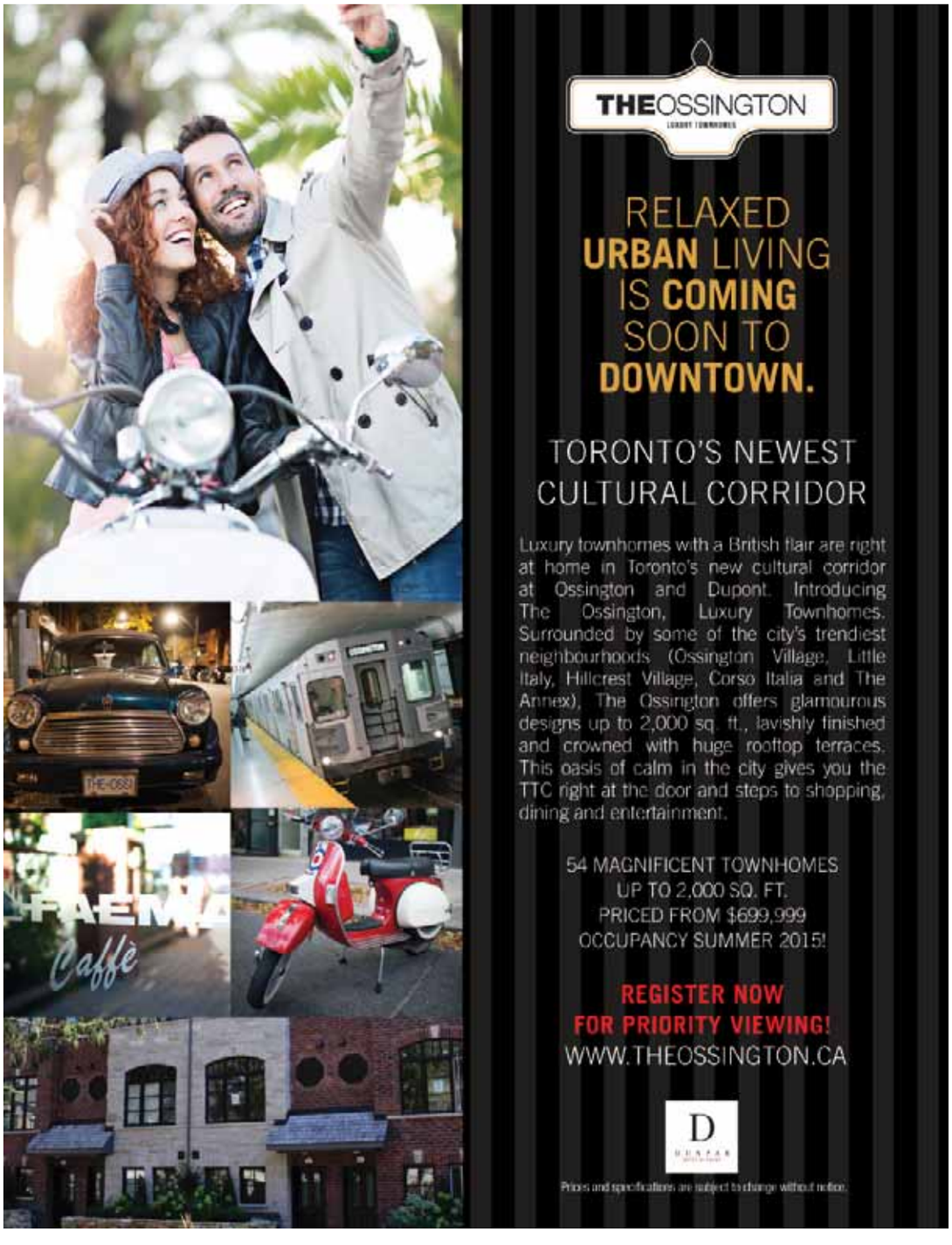
Minor variance application

If your neighbours are against you putting a house on your lot that is larger than the city normally allows, you may find you have resistance to your plans.

If you have neighbours who are against you putting a house on your lot that is larger than the city normally allows, you may find you have resistance to your plans.

A friendly and nicely worded letter to your neighbours can often mean the difference between a hotly contested minor variance application and happy neighbours who have been consulted about your plans.

Follow Jeff Cowan on Twitter @Cowan_Law or on the website at cowanlaw.ca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Make a big impact with big art

This year's trend is to go with bigger, bolder artwork — whether it's one large piece or several smaller ones grouped together to create a unified effect. Here are a few tips to help you make the most of your space, even if you're on a budget or live in a small condo with little wall space.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

For big effect, group smaller pieces together. Various prints, crateandbarrel.com

The trend

With the trend of floor-to-ceiling windows, large intake vents and multiple light switches taking up valuable wall space in newer condos, it's hard to find little — if any — wall space to hang artwork. Often your only choice is an obscure wall, off to the side. The trend for 2014 is bigger and bolder artwork, creating big impact in a space with one large piece rather than a row of small gallery style hangings. To achieve impact with many small pieces, try arranging them into a rectangular grouping, which creates the effect of one big shape rather than many small ones.

Planning policies

Building better outcomes

BRYAN TUCKEY
President and CEO of the Building Industry and Land Development Association (BILD) can be found at twitter.com/bildgta, facebook.com/bildgta, and bildblogs.ca.

Each week I dedicate a portion of my time to contributing educational content for three local newspapers and a number of trade magazines. It's my way of helping inform GTA residents about the realities of the building, development and renovation industries.

While doing so falls under my list of responsibilities as president and CEO of BILD, I sometimes feel that my columns are one of few sources of information about how provincial planning policies and objectives affect GTA neighbourhoods and their residents.

While I enjoy adding clarity to the conversation, I feel it is also the responsibility of the province to help educate consumers and municipalities about the challenges and opportunities in place today.

In fact, better collaboration, communication and education were key points in our industry's submissions to the province on the Development Charges Act and Land Use Planning & Appeals Systems.

Regular province-mandated public meetings should be held by municipalities for all bylaw reviews to achieve more predictability, transparency and accountability and, most importantly, better outcomes for new neighbours — both residents and businesses.

Public meetings should be required to review DC reserves and project lists, and regular consultation with stakeholders should be made mandatory. New-home purchasers should receive direct accounting from the development charge reserve fund as to what infrastructure their payments contributed to, along with the construction schedule and completion dates.

If new-home buyers are paying these fees and charges, they need to be assured that the funds are being put toward the intended purposes. Residents have a right to know why their communities are evolving as well as how new neighbours and businesses will be accommodated in their neighbourhoods.

The middle of your artwork should hang 66 inches from the floor. Cloud Study print, $970, crateandbarrel.com

Rules for hanging

When hung on an empty wall, the middle of the piece of artwork should hang 66 inches from the floor. If hanging art over a piece of furniture, the bottom of your artwork should be hung six to nine inches above it. A decorative picture light will help to illuminate your artwork and make it a focal point. If hung on the wall, art should be framed; if not, display it on a decorative easel or lean on a floating shelf. The colour of the frame should match either the wood tones or metal finishes used in the room; this will coordinate the art into the room with ease.

A favourite image can be printed on canvas and stretched on a frame. From $25, posterjack.ca

Art on a budget

Everyone thinks art (especially larger pieces) needs to be expensive. Art needs to be thoughtful, not pricey. For affordable art, look to art school sales, vintage poster prints and big home retailers that now sell limited-run pieces (with the fast turnover of products, a favourite piece may only be around for a few months). You can also get creative and customize your own art; a favourite image can be emailed to a custom print company and reproduced on wood, stainless steel or canvas at any size. Also, painting the wall a contrasting colour is a great way to make your art piece pop; go dark or bright for impact.

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An artist's oasis

Meet the condo

- **What.** Ten93 condos
- **Builder.** Pemberton Group
- **Architect.** RAW Design
- **Designer.** Andrea Kantelberg
- **Location.** 1093 Queen St. W. at Dovercourt
- **Website.** ten93queenwest.com
- **Sizes.** From 460 to 1,160 sq. ft.
- **Pricing.** From the mid-$200,000s
- **Building.** 9 storeys with 134 units
- **Suites.** Studio, one bedroom plus den, two bedroom plus den, live/work spaces
- **Phone.** 905-326-4100

An artist's rendering of Ten93 condos. CONTRIBUTED

The project overview

Ten93 is a mid-rise project from Pemberton Group and RAW Design. The condo will add 134 units and new street-level retail to the Queen and Dovercourt neighbourhood. It will also feature a number of live/work units attracting more artists in an already hip and artistic neighbourhood.

Building amenities

The condo will feature a fully-equipped fitness room, party room with catering kitchen, landscaped terrace with barbecue area and concierge during business hours. The project is located in a walkable neighbourhood with many bike paths and public transit options; motorists are minutes from the Gardiner.

What's hot on the condo market

DUNCAN MCALLISTER

1. Condo event

155 Redpath Condos celebrates the Chinese New Year. Located at 2239 Yonge St., Unit 100, at Eglinton. Jan. 25 from 12 to 5 p.m.
CALL 416-996-5428 OR VISIT REDPATHCONDOS.COM.

2. Open house

Large downtown condo suite at 550 Front St. W., with two storeys, two bedrooms, one bathroom. Jan. 25 to 26 from 2 to 4 p.m.
CALL 416-391-3232 FOR INFO.

3. IDS 2014

Check out the Interior Design Show and deck out your condo, Jan. 23 to 26 at the Metro Toronto Convention Centre, North Building, located at 255 Front St. W.
CALL 416-599-3222 OR VISIT INTERIORDESIGNSHOW.COM.

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*Prices, specifications and promotions are subject to change without notice. Image is for mood and impression only. E.&O.E.

Australian Open

Bouchard raising a few eyebrows in her hometown

Not only has Montreal's Eugenie Bouchard won over tennis fans with her impressive run at the Australian Open — she's even made a minor dent in her hockey-loving hometown's spectator-sports scene.

Eugenie Bouchard
GETTY IMAGES

One of the city's best-known sports bars, Champs Bar, reserved 120 seats for Bouchard's semifinal match Wednesday night against China's Li Na — and its manager said earlier in the day he was expecting nearly twice that many people to show up for the event. THE CANADIAN PRESS

Go to metronews.ca to find out how Bouchard fared against Li.

NFL

"The only reason it bothers me is it seems like it's an accepted way of calling someone the N-word nowadays."

Seattle Seahawks cornerback Richard Sherman whose NFC championship post-game comments to Fox reporter Erin Andrews have became a talking point. Sherman's remarks mostly concerned his end-zone defence on the 49ers Michael Crabtree on the decisive play of Seattle's win, but his intense, shouting delivery is what took people aback. What seemed to bother Sherman the most in the fallout from analysts was hearing the word "thug" attached to his name.

Dominant DeRozan burns ex-Raptors

NBA. Toronto shooting guard's career high ensures Calderon, Carter leave ACC as losers

On Wednesday

93	85
Raptors	Mavericks

DeMar DeRozan had a career-high 40 points as the Toronto Raptors rallied to beat the Dallas Mavericks 93-85 on Wednesday night.

DeRozan finished 15-of-22 from the field, 9-of-14 from the free-throw line and hit the only three-pointer he tried as Toronto (21-20) earned its first win in three games. He put an exclamation point on his outstanding performance by recording the steal and going the length of the court to score and put the Raptors up 92-85 with 1:48 remaining.

Grievis Vazquez scored 17 points and Jonas Valanciunas added 12 as Toronto earned its third straight win over the Mavericks.

Monta Ellis had 21 points for Dallas (25-19) while former Raptors Jose Calderon and Vince Carter had 13 and eight points, respectively. Brandan Wright also had 13 points.

Dallas suffered the loss minus all-star Dirk Nowitzki (rest). The 34-year-old was inactive despite scoring 17 points in the Mavs' 102-97 road win over Cleveland on Monday night.

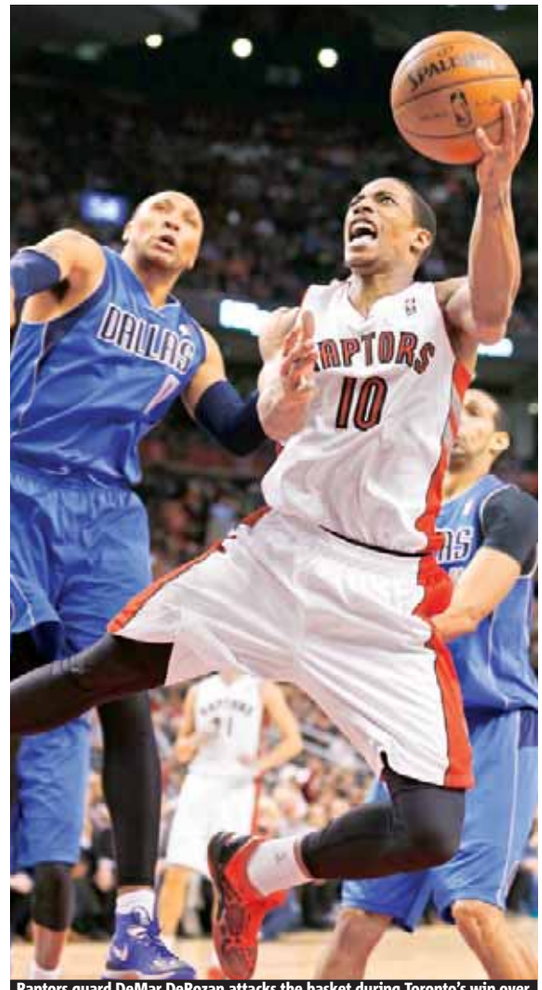
Carter spent his first six-plus NBA seasons with the Raptors, winning the '98-'99 top rookie award and slam dunk contest (2000) while with the club. But the player dubbed 'Air Canada' for his high-flying performances while in Toronto was routinely booed every time he touched the ball.

Calderon, though, received a solid ovation in the pre-game introductions. He spent eight years with the Raptors before being dealt to Detroit last January and ultimately signing as a free agent in the summer with Dallas.

DeRozan's layup and free throw put Toronto ahead 85-82 with 3:38 left before Amir Johnson's three-pointer with 2:59 remaining gave the Raptors an 88-84 advantage. Valanciunas's field goal with just under five minutes left put Toronto ahead 82-81, their first lead of the contest since early in the first.

DeRozan's 15-point outburst in the third pulled Toronto to within 73-68 of the Mavericks heading into the third. Vazquez's three-pointer with under a minute remaining cut Dallas's lead to 71-68 but Ellis's field goal rounded out the scoring and gave the visitors their five-point advantage.

Vazquez's 11 points helped Toronto outscore Dallas 31-17 in the second to cut the Mavericks' half-time advantage to 51-46. After failing to register a three-pointer in the first, the Raptors were 4 of 6 from the arc in the second to turn around a game Dallas led by 21 points at one time. THE CANADIAN PRESS



Raptors guard DeMar DeRozan attacks the basket during Toronto's win over the Dallas Mavericks on Wednesday night at the Air Canada Centre.
RICK MADONIK/TORSTAR NEWS SERVICE

Yanks reopen coffers for Tanaka

Masahiro Tanaka practises on Thursday morning in Sendai, Japan.
THE ASSOCIATED PRESS

The Yankees talked frugality, then reverted to their high-spending ways.

New York capped an off-season spending spree by agreeing Wednesday to a $155 million, seven-year contract with prized Japanese pitcher Masahiro Tanaka.

Following just the second season in 19 years that didn't include a playoff appearance, the Yankees flexed their economic might and committed $438 million to four free agents.

Tanaka joined catcher Brian McCann and outfielders Jacoby Ellsbury and Carlos Beltran on a revamped roster missing long-time All-Stars Mariano Rivera, Andy Pettitte and Robinson Cano.

And in addition to the deal with the 25-year-old right-hander, the Yankees must pay a $20 million posting fee to Tanaka's Japanese club, the Rakuten Golden Eagles.

"Anybody that questioned our commitment to winning is going to have to question themselves," Yankees co-chairman Hank Steinbrenner said during a telephone interview with The Associated Press.

Big league teams had until Friday to reach an agreement with Tanaka, who was 24-0 with a 1.27 ERA last year as the Golden Eagles won the Japan Series title. Arizona, the Chicago Cubs and White Sox, the Los Angeles Dodgers and Houston all said they were among the failed bidders.

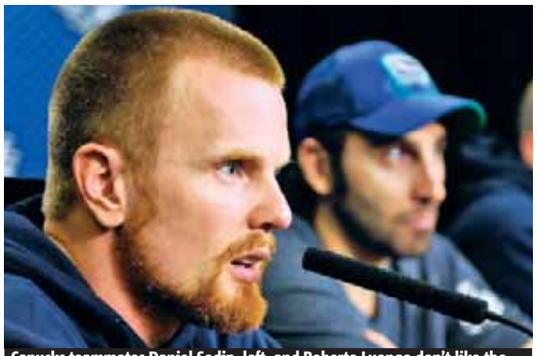
Still, the Yankees have ample uncertainty — especially in an AL East where they compete with World Series champion Boston. And especially with a veteran team that saw 21 players go on the disabled list last year.

David Robertson appears set to inherit the closer's role from the retired Rivera, and New York must try to make up the offence lost when Cano left for a $240 million, 10-year deal with Seattle. Alex Rodriguez is suspended for the season and 39-year-old Derek Jeter has played just 17 games since October 2012. THE ASSOCIATED PRESS

4 SPORTS

NHLers concerned over Sochi security

Threats on Olympics.
Three potential suicide bombers being sought by Russian officials


Canucks teammates Daniel Sedin, left, and Roberto Luongo don't like the idea of their family members joining them in Sochi. GETTY IMAGES FILE

Roberto Luongo won't have any family joining him next month when he suits up for Canada at the Winter Olympics.

The same goes for Sweden's Daniel Sedin.

The Vancouver Canucks teammates are both concerned over security at the Games in Sochi, Russia, after a series of threats and terrorist attacks in the region.

Two suicide bombers killed 34 people in the southern Russian city of Volgograd in December, and officials say they are hunting three more potential attackers — including one believed to be in Sochi.

"It's definitely on my mind, I'm not going to lie," Luongo said after practice on Wednesday. "I think we're all a little bit concerned. We're definitely going to keep an eye on it over the next few weeks."

Sedin, who is set to compete for Sweden along with his twin brother Henrik, said he was "absolutely" concerned about the news coming out of Russia, including email threats on Wednesday against a handful of European countries set to participate at the Olympics.

The threats were largely dismissed as a hoax, but the concern over security in Sochi is serious.

"We talk about it quite a bit. It's nothing you can really joke about," said Sedin. "It's in the back of your head for sure."

Luongo, the odds on favourite to start for Canada in its first game Feb. 13 against Norway, and Sedin both said safety is the main reason their families won't be travelling to Russia.

Sedin added that if family members wanted to join him and his brother, he would discourage them from making the trip.

An Islamic militant group in Dagestan — which is located about 500 kilometres from Sochi — claimed responsibility for the bombings in Volgograd in a video posted on Sunday. The video also contained a threat to strike the Olympics. THE CANADIAN PRESS

Long-track speedskating

Expectations low for inexperienced Canadian team

Canada's long-track speedskating team heads to Sochi lacking the dominant athletes it had at previous Winter Olympics.

The speedskating oval has been fertile medal ground for Canada with five won in Vancouver in 2010 and eight in Turin, Italy, in 2006.

"Two to three medals" is the modest goal for the 17 athletes introduced Wednesday at the Olympic Oval in Calgary. And that may be ambitious given the top medal contenders haven't consistently stood on the international podium this season.

Multi-medallists Clara Hughes and Kristina Groves retired after 2010. Cindy Klassen, winner of a record five medals by herself in 2006, did not compete this winter because of a concussion.

Jeremy Wotherspoon, who won an Olympic silver, fell short in his comeback bid from retirement.

So the 2014 long-track team includes 10 athletes who will make their Olympic debuts in Russia.

"When expectations are low that's when really special things can happen ... maybe some breakout performances that are not necessarily expected," said Edmonton sprinter Jamie Gregg.

Christine Nesbitt of London, Ont., is the defending Olympic champion in the women's 1,000 metres, but has struggled with her racing form and confidence. She finished outside the top 10 in her two World Cup events in November.

Nesbitt was fifth in the world sprint championships in Nagano, Japan, last week. THE CANADIAN PRESS

Christine Nesbitt
THE ASSOCIATED PRESS

Maple Leafs thriving with Bozak and Gleason as unsung heroes

THE HOCKEY NEWS
Adam Proteau
toronto@metronews.ca

Tyler Bozak celebrates scoring a goal against the Devils on Jan. 12. CARLOS OSORIO/TORSTAR NEWS SERVICE

As we've discussed throughout the season, the Maple Leafs are one of the NHL's least-predictable teams. For a week or a month, Toronto looks like they couldn't beat a table hockey team that had all its toy players impaled on steel rods. But in a different week or month — for example, during their current six-game win streak — they make the game look easy and their opponents look silly.

There are a few things that are becoming clear, though. Let's look at them:

1. Tyler Bozak is important to this team. I'm not suggesting Bozak is a top-tier No. 1 centre or Toronto's best player. However, since he returned from injured reserve Dec. 29, he's amassed nine assists and 14 points in 12 games. Toronto is 8-4-0 in that span and his effect on linemates Phil Kessel and James van Riemsdyk is clear. There's obviously no scientific causation established between Bozak's presence and Toronto's current hot streak, but the domino effect that takes place on the rest of the Leafs' lines when Bozak is injured isn't beneficial.

2. Tim Gleason may be more important to this team than anyone could have thought when he was dealt here New Year's Day. Gleason has just one point in nine games since being acquired from the Hurricanes for John-Michael Liles, but management is ecstatic because the 10-year NHL veteran has given the Leafs the type of solid-if-unspectacular minutes on defence that Paul Ranger and Mark Fraser haven't been able to. Gleason had lost the confidence of Carolina coach Kirk Muller and was playing as few as 14 minutes a game before the trade, but the 30-year-old has since regained his confidence and was on the ice for nearly 22 minutes in Toronto's victory over Phoenix on Monday. The Leafs' goalies get very little help as it is, so Gleason's focus on his own zone is a vital component of the team's success.

Developing young talent

"You don't give up a young talent like Kadri because he's inconsistent."

3. Nazem Kadri isn't going anywhere. It was only days ago Kadri was the subject of trade rumours. Now that he's had a pair of goals and five points in his past three games — and now that the Leafs are riding high — those rumours have disappeared. You don't give up a young talent like Kadri because he's inconsistent. You work with him to become consistent. And, barring a blockbuster trade that brings Toronto an equally-young-and-talented player, that's what this management team will do with him.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	49	31	15	3	141	109	65
Tampa Bay	50	29	16	5	146	123	63
Montreal	50	27	18	5	127	125	59
Toronto	52	27	20	5	150	156	59
Ottawa	50	22	19	9	141	155	53
Detroit	49	21	18	10	122	134	52
Florida	50	20	23	7	120	151	47
Buffalo	48	13	28	7	89	137	33

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	50	35	13	2	162	121	72
NY Rangers	52	27	22	3	131	133	57
Philadelphia	51	25	20	6	139	147	56
Columbus	49	25	20	4	143	138	54
New Jersey	51	21	19	11	122	124	53
Washington	50	22	20	8	142	152	52
Carolina	49	21	19	9	120	139	51
NY Islanders	52	21	24	7	147	169	49

Wednesday's results
Carolina 3 Philadelphia 2
Pittsburgh 5 Montreal 1
Chicago at Detroit
Phoenix at Calgary
Tuesday's results
Columbus 5 Los Angeles 3
New Jersey 7 St. Louis 1
Ottawa 2 Washington 0
Florida 4 Buffalo 3
Carolina at Philadelphia, postponed
NY Islanders 5 NY Rangers 3
Dallas 4 Minnesota 0
Toronto 5 Colorado 2
Vancouver 2 Edmonton 1
Winnipeg 3 Anaheim 2
Thursday's games
All Times Eastern
St. Louis at NY Rangers, 7 p.m.
Carolina at Buffalo, 7 p.m.
Philadelphia at Columbus, 7 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Pittsburgh at NY Islanders, 7:30 p.m.
Toronto at Dallas, 8 p.m.
Chicago at Minnesota, 8 p.m.
Nashville at Vancouver, 10 p.m.
Los Angeles at Anaheim, 10 p.m.
Winnipeg at San Jose, 10:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	51	32	8	11	184	139	75
St. Louis	49	33	11	5	171	115	71
Colorado	49	31	13	5	144	127	67
Minnesota	52	27	20	5	125	129	59
Dallas	50	22	20	8	141	152	52
Nashville	51	22	22	7	125	152	51
Winnipeg	51	23	23	5	144	152	51

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	52	37	10	5	177	129	79
San Jose	50	32	12	6	161	123	70
Los Angeles	51	29	16	6	131	108	64
Vancouver	51	26	16	9	129	128	61
Phoenix	49	23	17	9	141	149	55
Calgary	50	16	27	7	111	159	39
Edmonton	52	15	31	6	132	183	36

Note: Two points for a win, one point for overtime loss.

Friday's games
Ottawa at Carolina, postponed
Washington at New Jersey, 7 p.m.
Colorado at Florida, 7:30 p.m.
Montreal at Detroit, 7:30 p.m.
Nashville at Calgary, 9 p.m.
Phoenix at Edmonton, 9:30 p.m.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	25	43	68
Tavares, NYI	23	39	62
Getzlaf, Ana	25	34	59
Kane, Chi	23	33	56
Perry, Ana	27	28	55
Thornton, SJ	6	47	53
Kessel, Tor	26	26	52
Okposo, NYI	20	31	51
Pavelski, SJ	27	23	50
St. Louis, TBL	25	25	50
Sharp, Chi	25	25	50
Ovechkin, Wash	35	14	49

Not including last night's games

NFL PLAYOFFS

SUPER BOWL XLVIII

Sunday, Feb. 2 — At East Rutherford, N.J.
Denver vs. Seattle, 6:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	33	7	.825	—
d-Miami	30	12	.714	4
Atlanta	22	19	.537	11½
d-Toronto	21	20	.512	12½
Chicago	21	20	.512	12½
Washington	20	21	.488	13½
Brooklyn	18	22	.450	15
Charlotte	19	25	.432	16
Detroit	17	24	.415	16½
New York	15	26	.366	18½
Cleveland	15	27	.357	19
Boston	15	29	.341	20
Philadelphia	13	28	.317	20½
Orlando	11	32	.256	23½
Milwaukee	7	33	.175	26

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	32	9	.780	—
d-Oklahoma City	32	10	.762	½
Portland	31	11	.738	1½
d-L.A. Clippers	29	15	.659	4½
Houston	28	15	.651	5
Golden State	26	17	.605	7
Phoenix	23	17	.575	8½
Dallas	25	19	.568	8½
Memphis	20	20	.500	11½
Denver	20	20	.500	11½
Minnesota	20	21	.488	12
New Orleans	16	25	.390	16
L.A. Lakers	16	26	.381	16½
Sacramento	15	25	.375	16½
Utah	14	29	.326	19

x - clinched playoff berth; y - division; z - conference.

Wednesday's results
Toronto 93 Dallas 85
Charlotte 95 L.A. Clippers 91
Boston 113 Washington 111 OT
Chicago 98 Cleveland 87
Atlanta 112 Orlando 109
Philadelphia at New York
Sacramento at Houston
Oklahoma City at San Antonio
Detroit at Milwaukee
Indiana at Phoenix
Tuesday's results
Brooklyn 101 Orlando 90
Miami 93 Boston 86
Sacramento 114 New Orleans 97
Oklahoma City 105 Portland 97
Minnesota 112 Utah 97

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Can't pay for secondhand
Jenna Smith shops for children's shoes she can't afford.
January 2
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Can't afford medicine
Naomi Wright walks home from doctor's after spending rent money on medicine.
October 14
Working a double shift
Anne Scott works 78 hours a week just so her family can get by.
December 23

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Horoscopes

♈ Aries
March 21 - April 20
Is what you are planning a good idea? Could you have overestimated your abilities? Don't worry. The planets indicate you have what it takes and once you get moving all your doubt will disappear.

♉ Taurus
April 21 - May 21
You will fall out with someone who does not share your aims. It's just as well. The longer you go on pretending that you can work together despite your differences, the less likely it is you will get any work done.

♊ Gemini
May 22 - June 21
The important thing now is that you keep your eyes fixed on the bigger picture and don't allow yourself to be distracted by events that get in the way of your goals. Have fun but you've got to be focused too.

♋ Cancer
June 22 - July 23
Give your tongue a rest and use your eyes and ears to find out what is going on. Something you see over the next 24 hours will give you something worth talking about later on.

♌ Leo
July 24 - Aug. 23
Someone you live or work with is harbouring a secret grudge and if you say the wrong thing they will find a way to use it against you. Think before you speak and make sure you know what you are talking about.

♍ Virgo
Aug. 24 - Sept. 23
If you take what someone tells you at face value, you will miss what really matters. Before you make any kind of decision, make sure you know the facts.

♎ Libra
Sept. 24 - Oct. 23
The Sun in Aquarius does wonders for your confidence, so it's unlikely you will tone down your remarks to save other people's blushes. And why should you? It's not your fault the truth is painful.

♏ Scorpio
Oct. 24 - Nov. 22
Rarely have you had so many obligations. Rarely have your duties been so arduous. The good news is there are people in your life who will happily lend a hand — just ask.

♐ Sagittarius
Nov. 23 - Dec. 21
The only reason someone is being so critical is because they resent your success. Maybe you should point out to them that if they worked as hard as you they might be successful too.

♑ Capricorn
Dec. 22 - Jan. 20
Don't worry if you have not yet begun work on a scheme that means a lot to you. The longer you leave it, the more likely it is to be a success. Good ideas need time to develop.

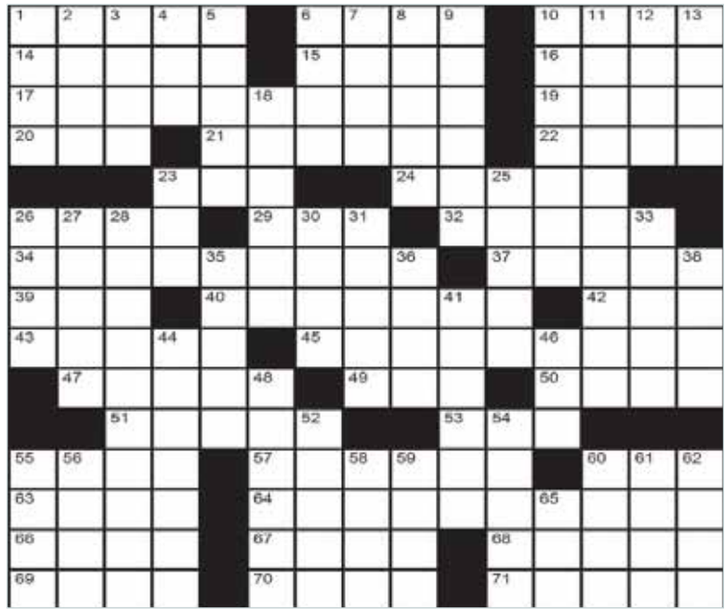
♒ Aquarius
Jan. 21 - Feb. 19
It does not matter that others do not believe in what you are doing. The only thing that matters is that you believe in it. The whole world could be against you now but you will still come out on top.

♓ Pisces
Feb. 20 - March 20
Be careful who you confide in today because if you reveal your secrets to the wrong person, they won't remain secret for long! It might be wise not to let even good friends in on potentially embarrassing information. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

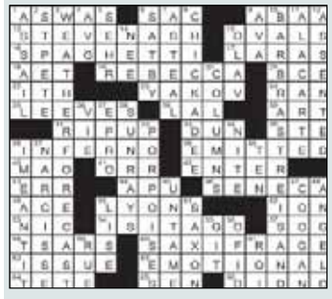
BY KELLY ANN BUCHANAN



Across
1. Canadian furniture store, The __
6. Purchased
10. "__ __ I say, not..."
14. Ms. O'Donnell
15. Classical song
16. Sea lettuce
17. "Citizen Kane" (1941), for one: 2 wds.
19. Deli loaves
20. The Joy Luck Club author, Amy __
21. Guy in authority, in slang: 2 wds.
22. Pickup trucks, e.g.
23. Wed.'s follower
24. Quebec: Pre-university school
26. Johannesburg, _. __.
29. Fast rotation meas.
32. Levi's material
34. Submarine's looking device
37. "The Odd Couple" role
39. 'Advert' suffix
40. One who is selecting
42. Objectionable word
43. Puccini opera that premiered in 1900
45. 'Eating Well with Canada's __ __'
47. Drugstore, for short
49. '60s hallucinogenic
50. Fruity drinks
51. "This is so fun!" sounds
53. Suffix with 'Hero'
55. "So long!"
57. Colm of "Star Trek: The Next Generation"
60. Pres. Lincoln
63. Guess Who's "Hang __ __ Your Life"
64. Bookstore's popular item
66. Leave in, in proofreading
67. Rosey __, Canadian broadcaster
68. Worker's needs
69. Crags
70. Scandinavian rugs
71. Exertion excretion

Down
1. Ms. Spears, to pals
2. Cabo da __, Portugal
3. Glenn Frey song: "The Heat __ __"
4. NFL's Bengals, on scoreboards
5. "American Idol" judge Mr. Urban
6. Vault
7. "Hurry up ...__ __ leaving without you!"
8. Lavender
9. "Village of the __" (1995)
10. "Quentin __ M.P." (Vintage CBC show starring Gordon Pinsent)
11. That which Sochi's won in order to get the 2014 Winter Games: 2 wds.
12. With: French
13. Cheek
18. 1750: Halifax's oldest building, St. Paul's __
23. Prefix with 'angle'
25. Captain __ von Trapp
26. Skewer
27. Writer of ancient Greece
28. Superior's stuff
30. Magician's disappearing word!
31. Bobbin
33. "All in the Family" spin-off
35. Daunt
36. Those, in Spanish
38. Bus travel paths, for short
41. Mr. Cibrian's
44. Collusions
46. Abu Dhabi is its cap.
48. MP = __ of Parliament
52. Shabby
54. Sochi turndowns
55. Toll
56. Look __ (Investigate)
58. Drifting
59. Utmost degrees
60. Lotion component
61. Mr. Lugosi
62. Poet's 'previously'
65. High's antonym

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		7	2	6		9	
5								3
		1				8		
7	5		8		4		2	1
				7				
6	8		5		1		4	9
		9				5		
3								7
	2		4	1	5		3	

Yesterday's Sudoku

8	2	3	6	1	4	5	7	9
9	1	5	3	7	8	6	2	4
7	4	6	9	5	2	1	8	3
5	3	1	4	2	9	7	6	8
6	8	2	7	3	1	4	9	5
4	9	7	8	6	5	3	1	2
2	6	8	1	4	3	9	5	7
1	5	4	2	9	7	8	3	6
3	7	9	5	8	6	2	4	1

Today
-14°/-21°
Partly sunny

Friday
-9°/-14°
Flurries
40%

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